Medical Care in Disasters Threats, Challenges and Solutions

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Mass Casualty Event

- Patient treatment is affected by the needs of other patients
 Hospital function disrupted
- Necessitates a change in SOPs & operational modes
- Necessitates Expansion to Surge Capacity

Disaster "Mega Mass Casualty Event" Situation or event which:

- Overwhelms local capacity
- Causes Loss of Autonomy
- Necessitates
 External Assistance.

Event Severity

<u>Compensated</u>

- Mass Casualty Incident
- Casualty load < resources mobilised

<u>Uncompensated</u>

- Disaster, Catastrophe
- Additional medical resources mobilised are inadequate to treat the casualty load



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Disaster Severity

<u>Simple</u>

• Infrastructure, roads, hospitals, lines of communication intact

<u>Compound</u>

- Damaged infrastructure, roads, power supply, communications
- Disorganised health system



- Geological: earthquake, tsunami, volcano, landslide, avalanche
- Meteorological: storms/typhoon/ hurricane, flood, fire, drought, environmental (extreme heat or cold)
- Biological: epidemic, famine, pests

<u>Man Made Disasters</u>

- Technological failure:
 - Industrial
 - Transport
- Fire
- Famine
- Mass-gathering Collapse, Fire, Stampede
- Armed Conflict:
 - War
 - Terrorism
 - Refugee

NATECH Disasters

- Technological Disasters Triggered by Natural Events
 - Fires
 - Oil Spills
 - Hazmat escape
 - Nuclear Leaks



Needs

- Mortality Bury the Dead
- SAR Rescue the Living

Treat the Injured & Sick

- Food + Water
- Shelter
- Security
- Emotional Trauma



Underserved Regions Often Affected



Low Baseline Capabilities of Local Health System

Medical Services

- Infrastructure Damage
- Personnel Affected

Natural Disasters - Causes of Casualties







Disaster Pathophysiology

Energy Release

- Mechanical
- Thermal
- Chemical

Radiologic

Disaster Effects

- Environmental
- Logistic

<u>Health</u>

- Mortality
- Morbidity
 - Medical
 - Surgical



Tsunami - Environmental / Logistic Damage

- Sudden Onset
- Mechanical Energy
- Water Damage
- Structures
- Electricity
- Electronics
- Communications
- Transportation
- WASH



Medical

Aspiration

• Surgical

Fractures

Lacerations

Relationship between killed and injured in two recent tsunamis



Indonacia

Volcano - Environmental / Logistic Damage

- Sudden Onset + Continuous Eruptions
- Usual Previous Experience
- Limited Area
- Thermal Damage
- Mechanical Energy
 - Structures
 - Electricity
 - Transportation
 - WASH

Volcano

- Death:Injury=16:1
- Medical
 - Inhalation
- Surgical
 - Burns
 - Crush Injuries



• Tornado

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• Typhoon / Hurricane
/ Cyclone
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•Storms - Environmental / Logistic Damage

- Meteorological Forewarning
- Mechanical Energy
- Water Damage
- Structures
- Electricity
- Communications
- Transportation
- WASH



Medical

• Interuption of Care

Surgical

- Fractures
- Lacerations
- Puncture
 Wounds



•Floods - Environmental / Logistic Damage

- Gradual Onset
- Meteorological Forewarning
- Water Damage
- Structures
- Electricity
- Communications
- Transportation
- WASH



Medical

- Drowning
- Hypothermia

- Surgical
 - None

Droughts - Environmental / Logistic Damage
Chronic

Lack of Water Infrastructure





Drought

Medical

- Dehydration
- Heat
 Exhaustion
 /Stroke

Surgical

• None

•Blizzard - Environmental / Logistic Damage

- Gradual Onset
- Meteorological Forewarning
 - Transportation
 - Electricity
 - Communications
 - Pipelines

<u>Cold / Blizzard</u>

Medical

- Exposure
- Hypothermia
- Dehydration

• Surgical

• Frostbite



Outbreak - Environmental/Logistic Implications

- Gradual Onset
- Public Health
 - WASH Infrastructure

- Social Issues
 - Workforce
 - Public Institutions

Outbreak - Health System Implications

- Hospital Organization
 - Specialized Centers
 - Structural Requirements
 - SOPs

Outbreak - Health System Implications

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Designing an Ebola Treatment Unit, the WHO Way


Medical

- Disease Specific
 - Expertise
 - Medications
 - Equipment

Medical

- Disease Specific
 - Expertise
 - Medications
 - Equipment

Disaster Pathophysiology <u>Biologic</u>

- Outbreaks
- Wound Infections



Outbreak - Health System Implications •Public Health

Vaccinations & Medications

Outbreak - Health System Implications

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Load Summary

Medical Load

- Famine
- Outbreaks
- Pandemics



- Earthquakes
- Conflicts

Earthquake Injuries>>>Other Disasters



Medical

Aspiration

• Surgical

Fractures

Lacerations

Relationship between killed and injured in two recent tsunamis



Indonacia

Earthquake Injuries>>>Other Disasters





- Huge Amount of Energy
- Mostly Mechanical

<u>Sudden Onset Disaster (SOD)</u>

- No Forewarning
- All Energy Released in a few Seconds

Casualties Caused by:

• Falling Debris

"Earthquakes don't kill people. Buildings do"

Casualties Caused by:

- Falling Debris
- Jump / Fall from Height
- Dust Inhalation
- Burns

Injuries Following Earthquakes Affecting Factors

- Earthquake Magnitude
- Depth of Epicenter
- Hour in Day of Earthquake
- Distance from Population Center
- Urban vs Rural
- Type & Quality of Buildings
- Hazmat Escape

Post Earthquake Phases

- Phase I: Day 1-2
 - Life Threatening Injuries Salvageable
 - Breakdown of Local Infrastructure
 - Foreign Medical Teams Not Yet arrived



Post Earthquake Phases

- Phase II: Days 3-15
 - Many Foreign Teams Operational
 - Life Threatening Injuries Perished or treated
 - Predominant Fractures
 - Open Infected Wounds
 - Beginning of Routine Medicine



Post Earthquake Phases

- Phase III: 2-6 weeks
 - Shift to Routine Medicine
 - Possible Epidemics
 - Trauma Residua
 +Early Rehabiitation
 - Foreign Teams Depart
 - Recovery + Establishment of Larger Facilities



Hospital Overload



Medical Infrastructure Damage

Medical Infrastructure Damage

Medical personnel Affected

• Killed or Injured

 Searching / Caring for Family

Underserved Regions Often Affected

• Low Baseline Capabilities of Local Health System

- Number and Severity of Injuries
- Treatment Capabilities



Massive International Aid Response

300 Foreign Medical Teams

WHO Emergency Medical Team Initiative



Type 1 EMT - Ambulatory Care

Mobile



Type 2 EMT Diagnostics, Basic Surgery

Type 3 EMT Specialized Surgery + Intensive Care

Operational Medical Facilities

- Ambulatory Treatment Point / EMT 1 In the Disaster Focal Point
- Emergency Medical Teams EMT 2/3 Local + International
- Primary-Dispatching Hospital In the Disaster Zone
- Receiving Hospital Remote from the Disaster Zone

Operational Medical Facilities

- Primary-Dispatching Hospital In the Disaster Zone
- Receiving Hospital Remote from the Disaster Zone
- Emergency Medical Teams EMT 1/2/3
 Local + International
Primary-Dispatching Hospital

- Structure Damaged
- Reduced Capabilities

Essential Components Functional: ER, OT, ICU, Imaging, Lab, Blood Bank

Primary-Dispatching Hospital

• Patient Feed from Type 1+ Direct

 Hospital flooded beyond Surge Capacity

Evacuation
 Difficulties

Receiving Hospital

Receiving Hospital

- Remote from Disaster Zone
- Infrastructure Unaffected
- Full Capabilities Preserved
- Surge Capacity
 +50% Beds & OTs
- Medium Hospital: 300-400 pts
- Large Hospital 800-900 pts

Receiving Hospital Capabilities

- Longer Operations
- Advanced Imaging
- Definitive Fracture Fixation
- Secondary & Reconstructive Procedures
- Increased ICU
- Hemodialysis

Change Priorities due to Overload



- Space Shortage
 - Emergency
 Department



- Space Shortage
 - Emergency
 Department
 - Wards



- Space Shortage
 - Emergency
 Department
 - Wards
 - Operating Theatres



- Space Shortage
 - Emergency
 Department
 - Wards
 - Operating Theatres
 - Recovery
 - ICU



- Personnel Shortage
 - Traumatologists
 - Surgical Subspecialties
 - Pediatrics
 - Anesthesiologists
 - Nurses



- Equipment Shortage
 - Fixation Hardware
 - Surgical & Power Instruments
 - Autoclave
 - C Arm Fluoroscopy

Conceptual "Change Diskette" Hospital

- Organization
- Logistics
- Treatment
- Priorities
- Treatment Methods
- Ethical Considerations

- Single Patient
- Routine Time
- Fully Equipped Hospital

- Disaster Scenario
- Infrastructure Damage
- Health System
 Overwhelmed

Disaster

Clinical Solutions



Damage Control in MCI, Disasters and Austere Environments

Rationale for DamageControl: Greatest Good for the Greatest Number NOT Everything for Everyone

Triage

(Fr.) = Separate, Sift, Select)

Prioritizing Treatment of Patients according to:

- Severity of Patient's Condition
- Available Resources

Orthopedic Damage Control Surgery

"Life Over Limb"

Minimal surgery for fracture stabilization in physiologicaly unstable multitrauma patient

- Optimize Surgical Efficiency
 - Avoid Long Procedures

Regional Anesthesia/Conscious Sedation → Decrease Recovery Room Stay

Hospital Organization & Logistics

- Increase hospitalization capacities
- Increase surgical capabilities
- Maximize resource utilization

Earthquake: General Hospital→ "Orthopedic Hospital"

Geographic Changes

• 2 Tables in Theatre

- Field Hospital on hospital grounds
 - Combining forces
 - Utilization of existing infrastructure

Concept Change: Surgery in Re-designated Areas

• Port Au Prince - Haiti

Shri Birendra
 Military
 Hospital
 Kathmandu

Pre-Map Potential Alternative Sites

- Surgical Areas
- ICU
- Lab
- Blood Bank

• Staff quarters \rightarrow COVID facility





Food & Supplies (Ambulatory pts.)

Double door cubicles
Timed by CCC

• Across Window



- No patient Contact
- Specimen collection in
 - cubicle

Underground Parking Lot \rightarrow CCCU 100 Bed Critical Care Corona Unit Underground Parking Lot \rightarrow CCCU 100 Bed Critical Care Corona Unit

Area Out of Main Hospital

- Superficial Wounds
- Closed Light Injuries
- Stress Disorders

Patients Delayed in Area Out of Main Hospital

- Superficial Wounds
- Closed Light Injuries
- Stress Disorders
- Morgue

Severely Injured Patients with Poor Chance of Survival

• Separate Enclave for Palliative Treatment
Preparation Before the Crisis

Logistic Planning

- Organisation of Space
- Organisation of Infrastructure
- Organisation of Equipment
- Organisation of Supplies

Preparation before the crisis

Requires:

- Planning
- Training
- Drilling

Initial Drill

Construction of Tented Model of COVID-19 Facility

- WHO Ebola principles
- Clean, intermediate

& contaminated zones



Designing an Ebola Treatment Unit, the WHO Way

<u>Drill</u>

- Work-flow
- Patient-flow
- Logistics
- Patient transfer from/to

main hospital

Stage 3 - With Establishment of COVID-19 Facility

- Off-Site in MSR
- On-Site in facility "System Check" before patient upoccation

Stage 3 - With Establishment of COVID-19 Facility

- Simulation-based Telemedicine Training:
 - Staff
 - Patients & families

Solution: Task Shifting

Establishment of Mechanical Ventilation Support/Reinforcement Unit

- 300 Staff members
- 60 Multi-disciplinary teams

MSR Just-in-Time Training Program

Preparation before the crisis

- Organisation of the personnel
 - SOPs

Call Roster

 Ward Evacuation Plan (Reverse Triage)

Earthquake: General Hospital→ "Orthopedic Hospital"

- **Personnel Implications:**
- Task Shifting

Preparation before the crisis

Logistic Planning

 Organization of the space

 Organization of Infrastructure

Preparation before the crisis

Requires:

- Planning
- Training

EMT - Israeli Experience

Israeli Defense Forces (IDF)

IDHM (Sheba MC)





IDF Aid Missions

1968 Sicily *Earthquake* 1979 Cambodia *Refugees* 1985 Mexico Earthquake 1986 Cameroon Gas Eruption ★ 1988 Armenia 🛛 Earthquake 1989 Russia Train Accident 🛪 1994 Rwanda 🛛 *Refugees* 1994 Argentina Bombing 1998 Kenya Bombing ***** 1999 Kosovo Refugees ***** 1999 TurkeyX2 *Earthquakes* 1999 Greece Earthquake 🗮 2001 India 🛛 Earthquake ★ 2010 Haiti Earthquake 2011 Japan Tsunami 🛪 2013 Philippines 🛛 Typhoon Earthquake 2015 Nepal

Deployment Distance & Transport



Initiation of Operation Hours from Event





Magnitude: 7.0 Epicenter: 25 km W. of Port au Prince Depth: 10 km

Haiti 2010

- No Local Health System
- No Evacuation Destination
- Stand Alone Field Hospital

Nepal 2015 - Magnitude 7.8

- Epicenter 80 km from Kathmandu
- Depth 15 km

- 160,000 Buildings destroyed
- 9 Million people affected
- 2.8 Million homeless
- 9,000 Killed
- 23,000 Injured

- Whole Villages Destroyed
- Severe Road Infrastructure Damage
- Land Evacuation Difficult

Nepal 2015

- Injuries +++
- Functional Medical System

Evacuation FROM Rural areas to Field Hospital

- Full Collaboration with Functioning Medical Facility
- Mixed Teams
- Patient Distribution according to Hospital Capabilities

The Israel Center for Disaster Medicine and Humanitarian Response

Est. 2017







A World Center of Excellence Dedicated to Medical Preparedness and Response in Disaster Areas, Emergency Situations, & Humanitarian Aid



Activities







Worldwide Activity SHEBA Tel HaShomer City of Health



Zambia 2018 – Cholera Outbreak

Papua New Guinea 2018

Cataract Surgery

Nigeria 2017 - 2019

Pediatric Cardiac Surgery

Guatemala 2019 - Volcano Eruption

Samoa 2019 - Measles Outbreak

Mozambique 2019- Cyclone

Haiti 2020 - Burn Treatment

Sheba 2020

First Israel COVID-19 Facility

Palestinian Authority 2020 COVID-19 Training




Greece 2020 - Refugee Crisis

Italy 2020 - COVID-19





Excpected Casualties (MOH)



| Dead | 7,000 |
|-----------|---------|
| Severe | 8,600 |
| Injuries | |
| Light | 37,000 |
| Injuries | |
| Displaced | 170,000 |

+ Unknown Number of Post Trauma Stress Victims





- 50% Decrease in Hospital Capacities
- 8,000-10,000 Available Beds
- Occupancy by 6,000 Injured & 4,000 Sick

Field Hospital on Sheba Grounds

Goal: Operational Continuity in case of Massive Structural Damage



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