

Epidemics – A Threat to National Security

Prof. Eyal Leshem MD DTM&H

Director, Institute for Travel Medicine and Tropical Diseases, Sheba Medical Center

Associate Clinical Professor, Sackler School of Medicine, Tel Aviv University

leshem@gmail.com

052-6668138

Epidemic Intelligence Service

- 2 year program
- 70 EIS officers / Yr.
- On the job epidemiology and public health training
- Conduct epidemiologic investigations, public health research, and disease surveillance

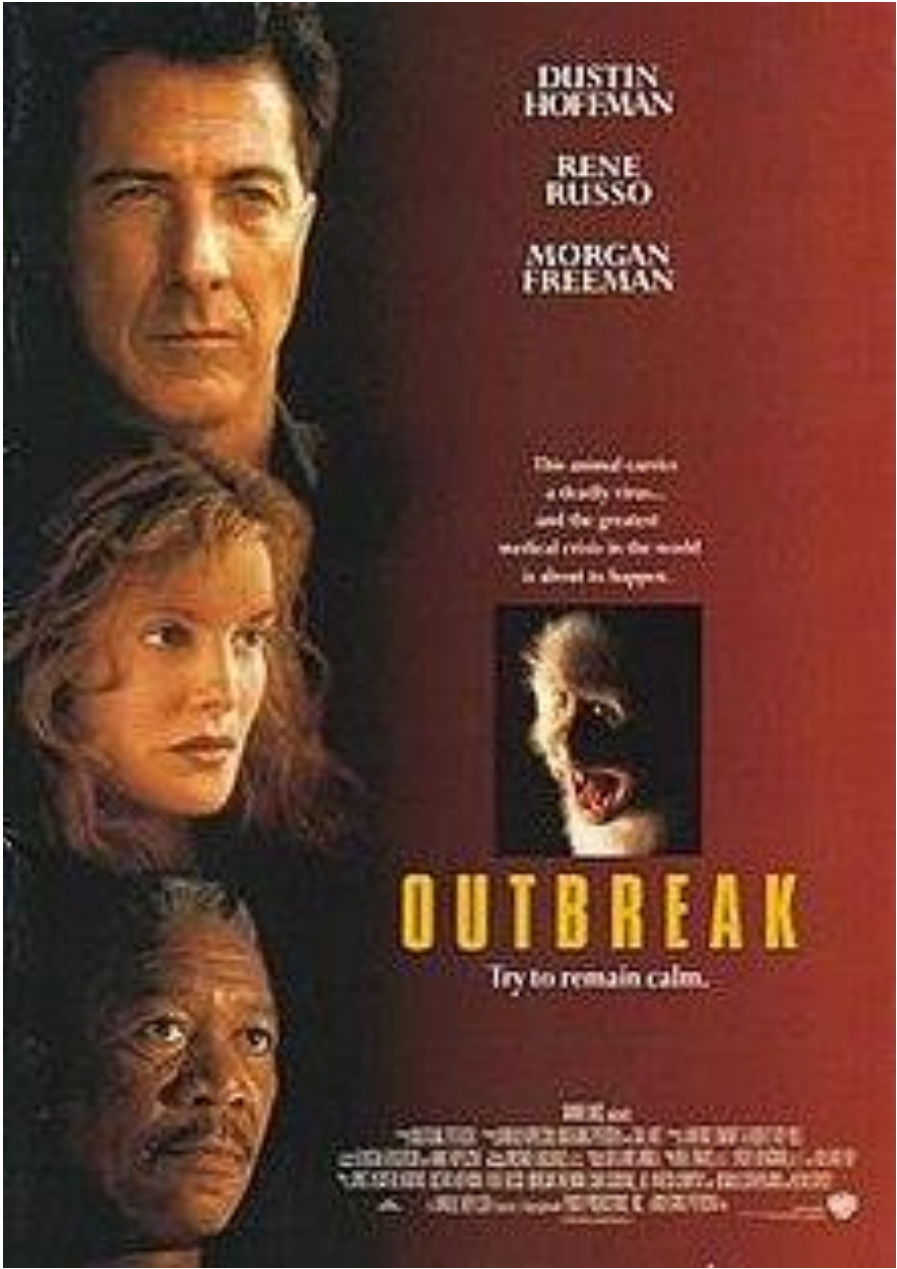


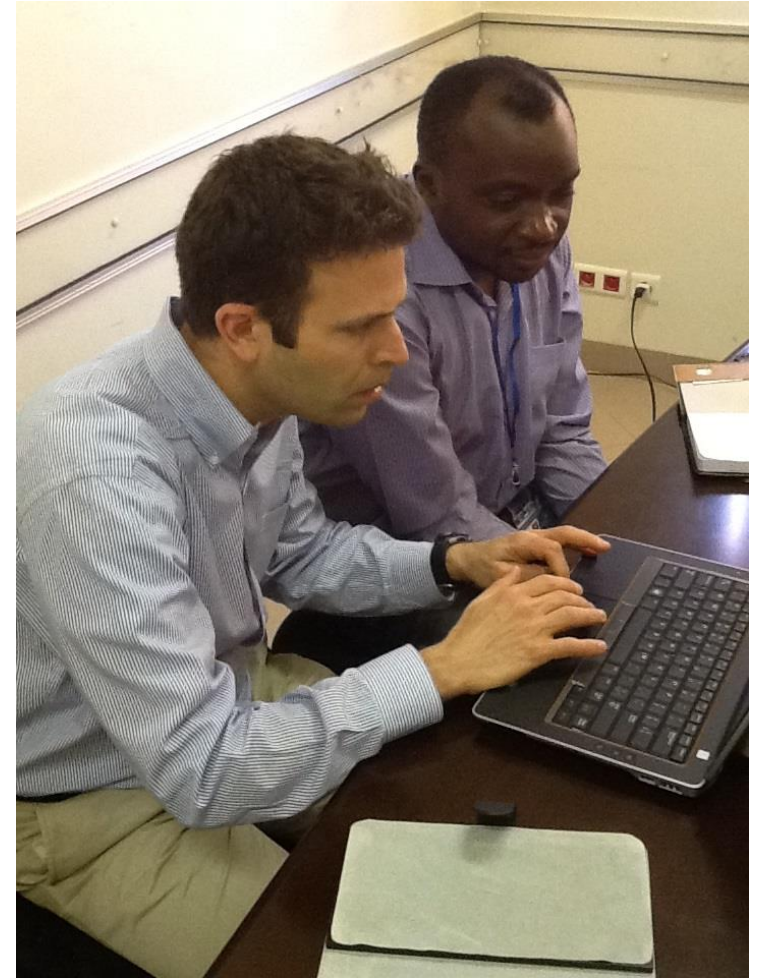


Outbreak Agents

Officers in the Epidemic Intelligence Service expend shoe leather and stamp out disease.







Objectives

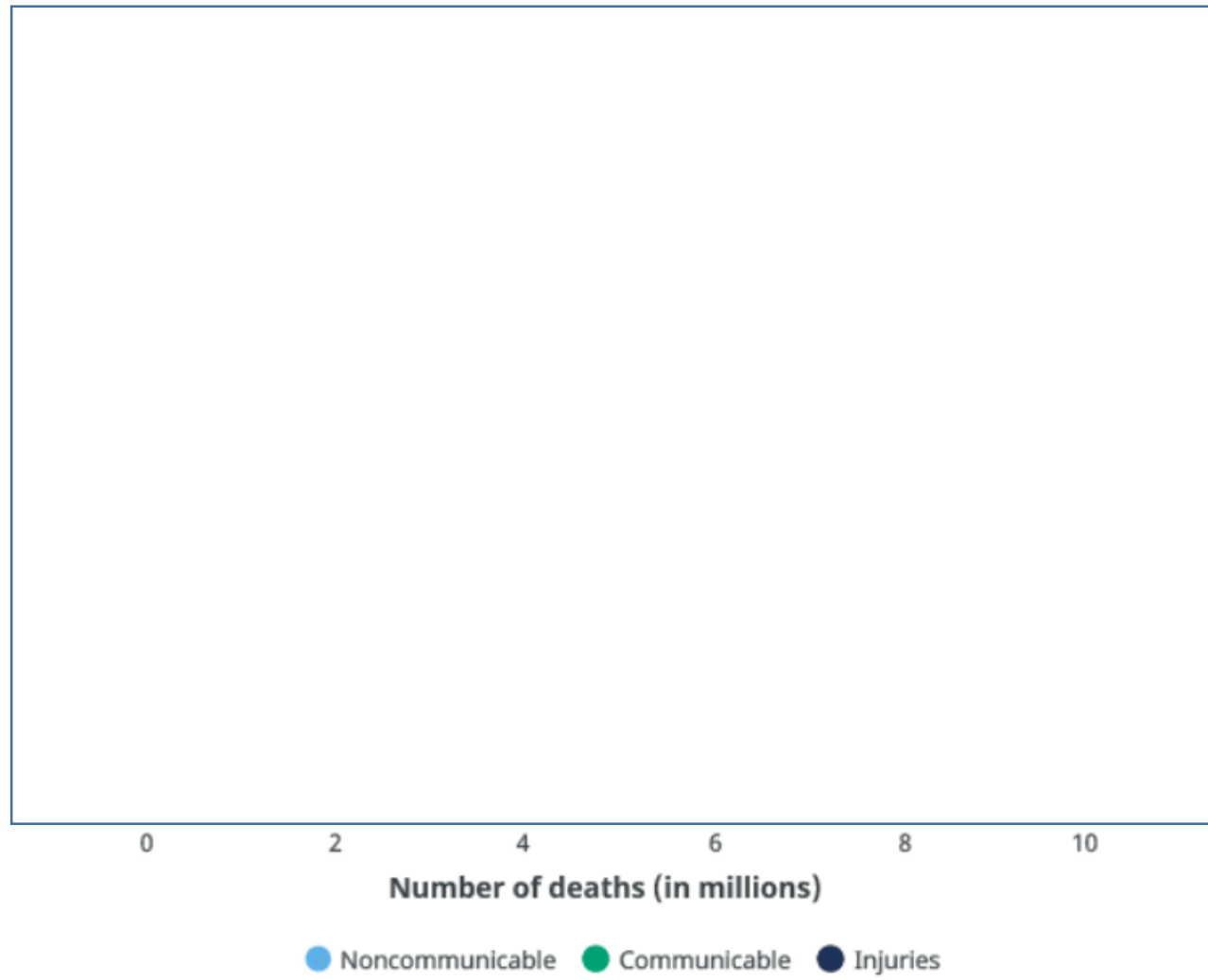
1. Infectious disease burden in context
 2. Introduction to outbreaks
 3. Case studies
 4. Public health tools
- Free discussion

Objectives

- 1. Infectious disease burden in context**
 2. Introduction to outbreaks
 3. Case studies
 4. Public health tools
- Free discussion

Leading causes of death globally

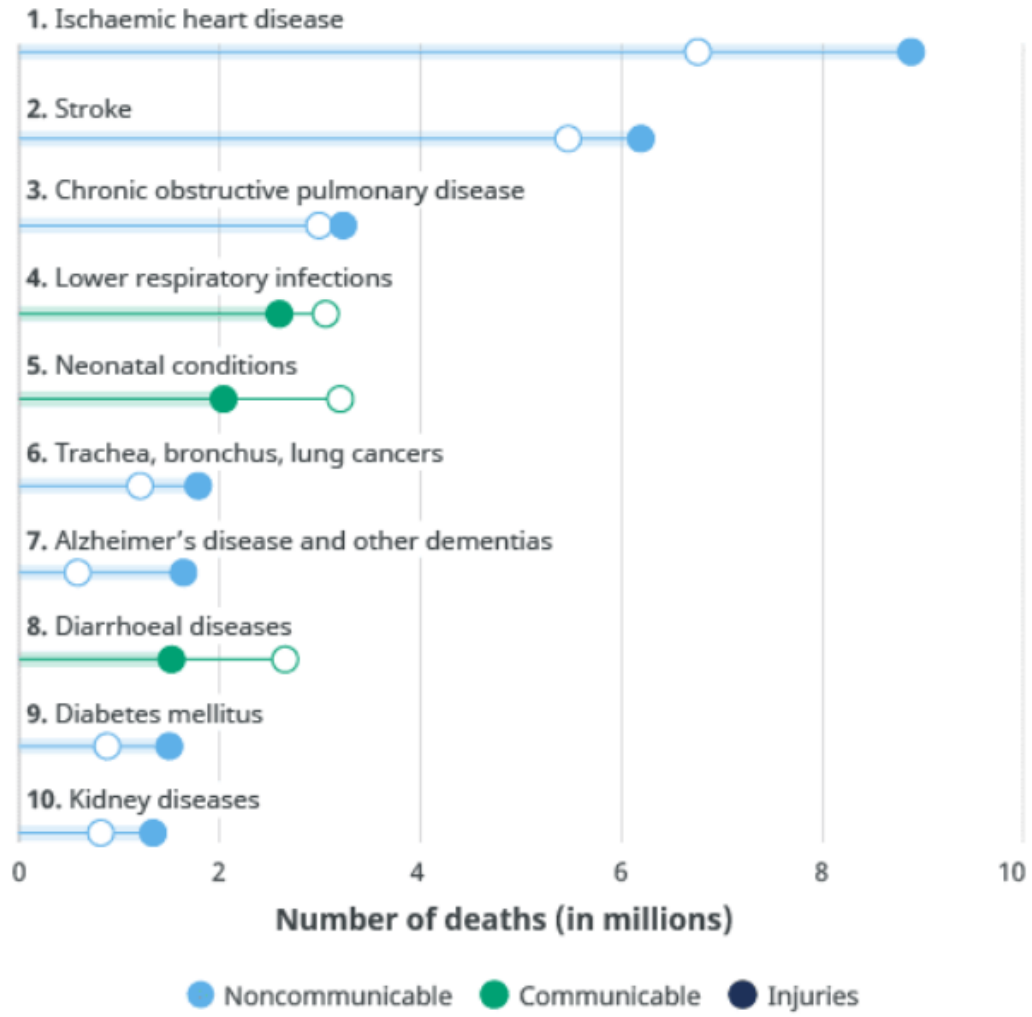
○ 2000 ● 2019



Source: WHO Global Health Estimates.

Leading causes of death globally

○ 2000 ● 2019



Source: WHO Global Health Estimates.

Annual Deaths, Global, all causes, 2017

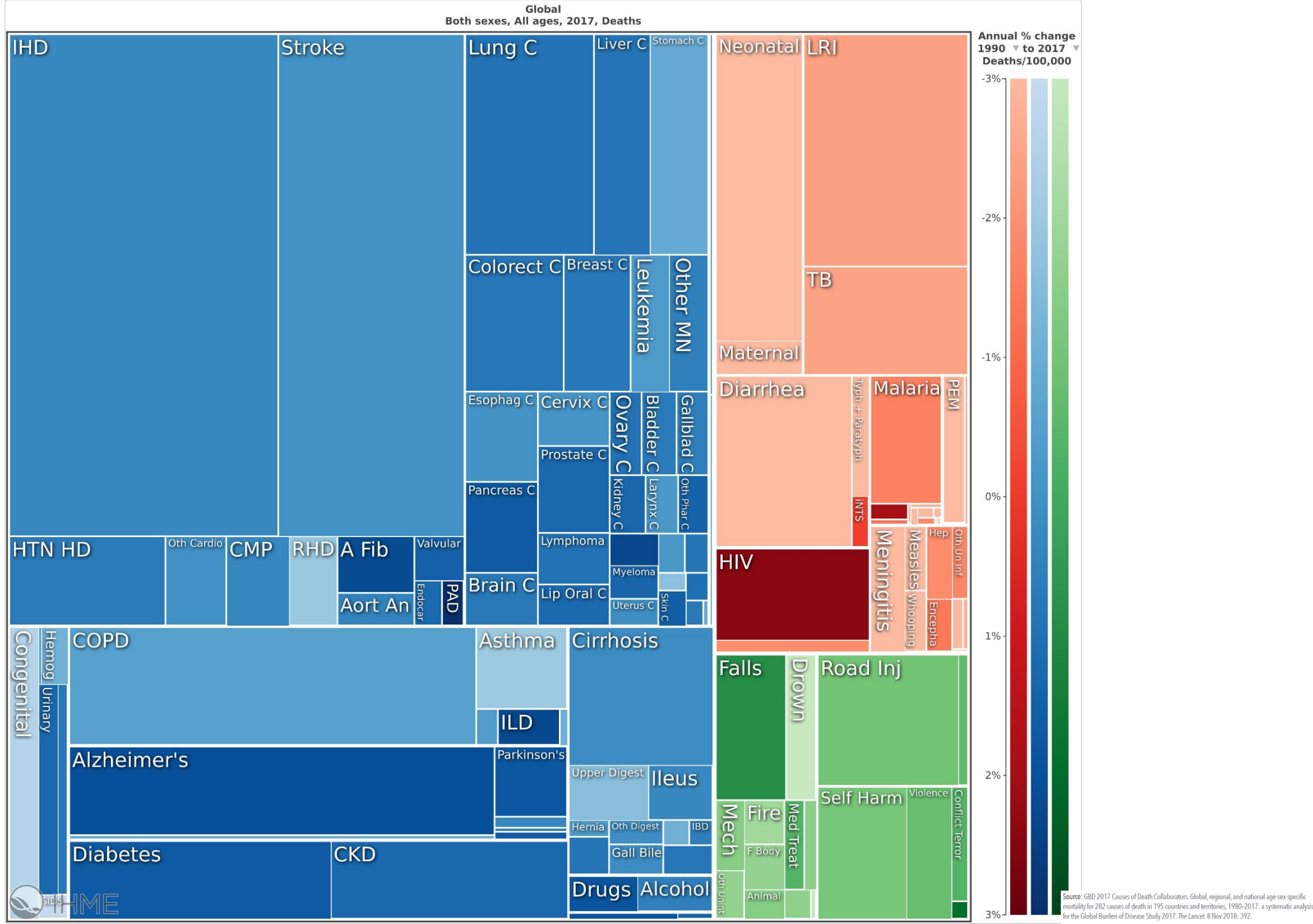
58 million/Yr

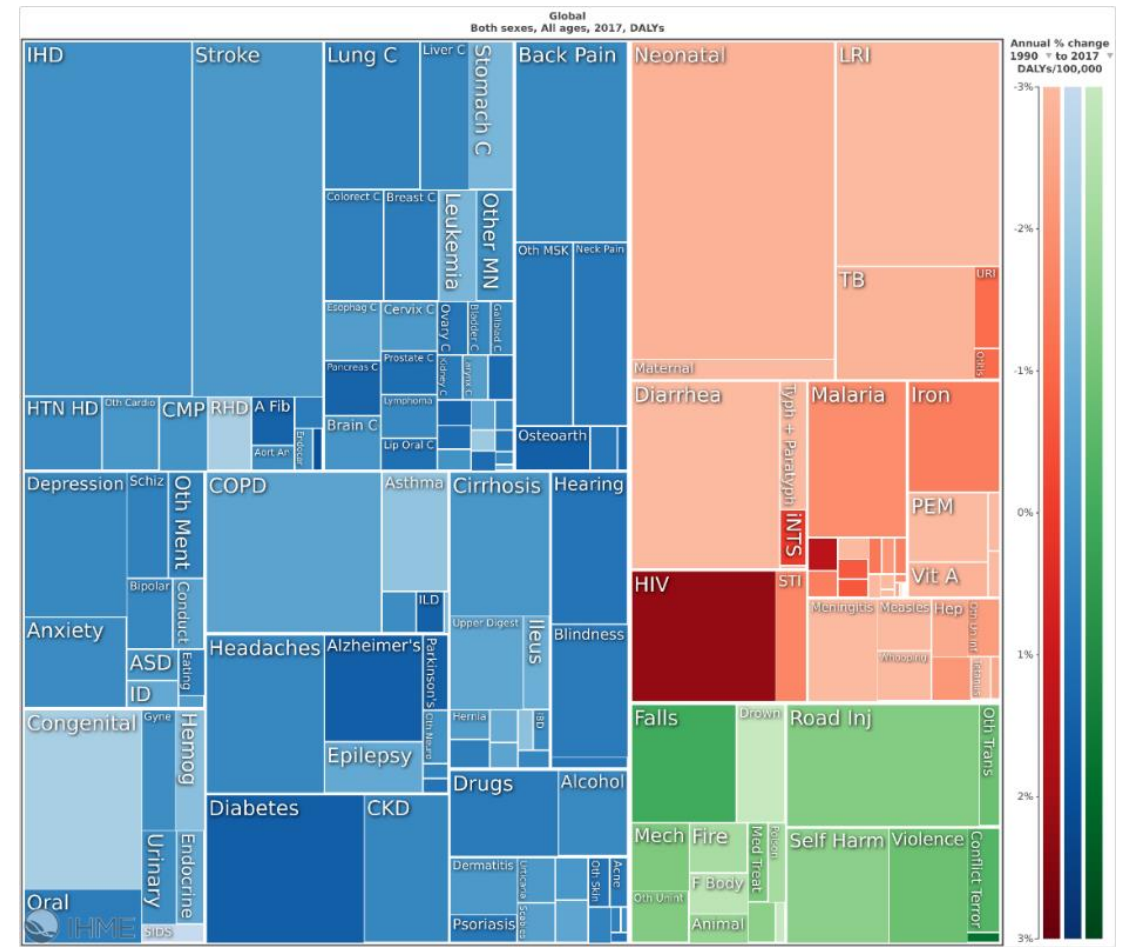
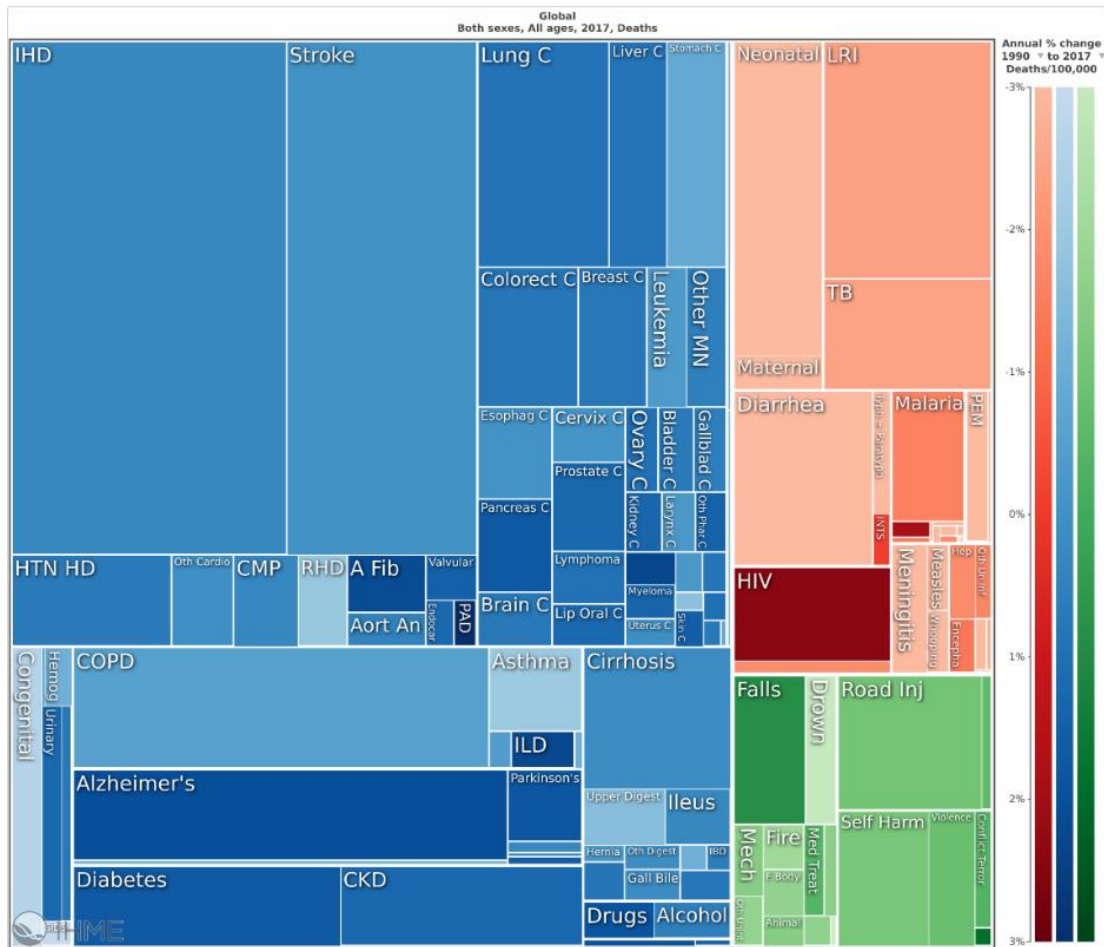
Blue – NCDs

Red – Infectious

Green – trauma

Darker – increase
Lighter – decrease





DALY=disability adjusted life year

Deaths

- Most deaths due to NCDs
- CDs and Trauma effect younger persons (DALY + disease burden higher than deaths)

What are the
leading causes of
death among
children under age
5?

What are the leading causes of death among children under age 5?

Prematurity 16%

Pneumonia 13%

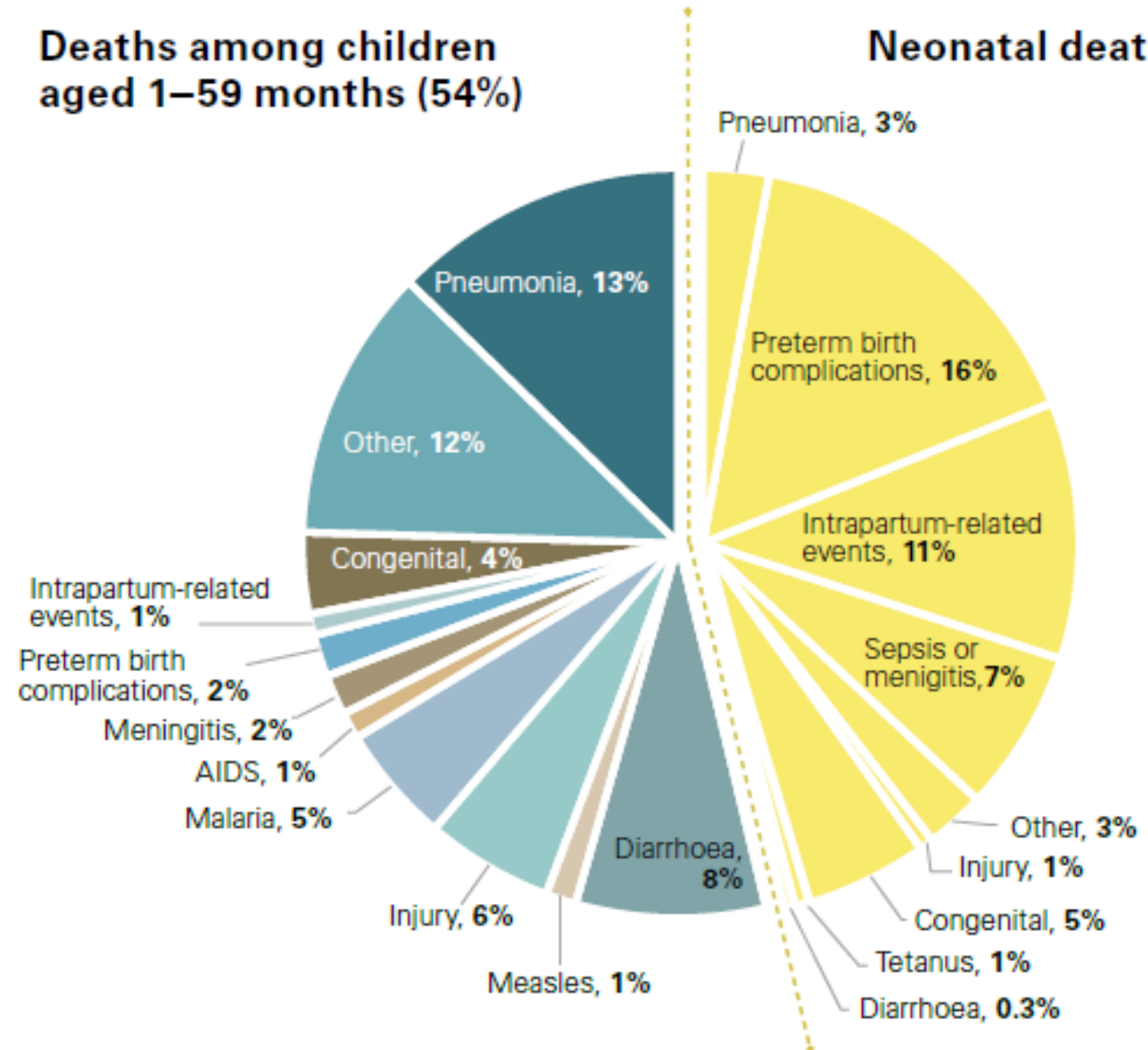
Intrapartum complications 11%

Diarrhea 8%

A. Global distribution of deaths among children under age 5, by cause, 2016

Deaths among children aged 1–59 months (54%)

Neonatal deaths (46%)



Levels & Trends in
**Child
Mortality**

Report 2017

Estimates Developed by the
UN Inter-agency Group for
Child Mortality Estimation



“Most under five deaths are caused by diseases that are readily preventable or treatable with proven, cost effective interventions.”

דירוג 10 סיבות המוות המובילות לפי מדינה, 2017

דירוג	ישראל	15 מדינות ה-EU	ארה"ב	קנדה
1	שאתות ממאירות	שאתות ממאירות	מחלות לב	שאתות ממאירות
2	מחלות לב	מחלות לב	שאתות ממאירות	מחלות לב
3	סוכרת	מחלות כלי דם במוח	מחלות של מערכת הנשימה התחתונה	דמנציה
4	מחלות כלי דם במוח	דמנציה	תאונות	מחלות כלי דם במוח
5	אלח דם	מחלות של מערכת הנשימה התחתונה	מחלות כלי דם במוח	מחלות של מערכת הנשימה התחתונה
6	דמנציה	תאונות	אלצהיימר	תאונות
7	מחלות כליה	דלקת ריאות ושפעת	דמנציה	דלקת ריאות ושפעת
8	מחלות של מערכת הנשימה התחתונה	אלצהיימר	סוכרת	סוכרת
9	דלקת ריאות ושפעת	סוכרת	דלקת ריאות ושפעת	אלצהיימר
10	תאונות	מחלות כבד	מחלות כליה	התאבדות

מוצגים נתונים של השנה האחרונה הזמינה.

**גיל 0-4
זכרים**

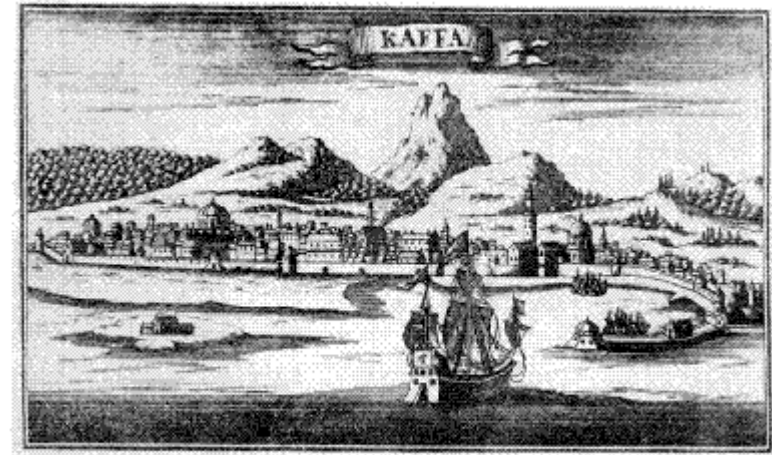
2000	2005	2010	2012	2013	2014	2015	2016	2017	סיבת מוות
שיעור ל-100,000 נפש									
157.7	120.4	99.4	96.5	86.9	85.9	83.5	84.5	84.0	סה"כ
62.1	41.2	40.1	34.7	31.6	29.2	32.5	34.6	28.4	1 סיבות סב-לידתיות
29.8	34.9	26.5	28.3	25.8	25.9	23.9	23.7	27.9	2 מומים מולדים
8.7	8.5	5.6	6.5	6.1	6.4	5.2	5.3	7.2	3 תאונות
8.1	(2.5)	(3.3)	(4.3)	(3.5)	6.2	(2.5)	(2.0)	(2.6)	4 תסמונת המוות הפתאומי לתינוקות
(3.9)	(2.2)	(3.5)	(1.7)	(3.0)	(2.5)	(1.4)	(2.2)	(1.3)	5 שאתות ממאירות
..	(1.4)	..	(2.2)	1.8	..	6 דלקת ריאות ושפעת
(2.4)	7 רצח
(2.7)	8 אלח דם
9.7	12.4	5.0	(4.1)	..	(3.9)	5.2	(4.2)	(3.7)	9 סיבה לא ידועה
29.2	16.2	13.4	14.1	14.3	10.6	11.7	9.5	10.9	10 סיבות אחרות
מספר מוחלט									
523	438	394	403	371	374	370	381	385	סה"כ
206	150	159	145	135	127	144	156	130	1 סיבות סב-לידתיות
99	127	105	118	110	113	106	107	128	2 מומים מולדים
29	31	22	27	26	28	23	24	33	3 תאונות
27	9	13	18	15	27	11	9	12	4 תסמונת המוות הפתאומי לתינוקות
13	8	14	7	13	11	6	10	6	5 שאתות ממאירות
3	5	3	9	3	1	1	8	3	6 דלקת ריאות ושפעת
8	1	3	1	1			2	3	7 רצח
9	3	2	2	3	4	4	3	3	8 אלח דם
32	45	20	17	4	17	23	19	17	9 סיבה לא ידועה
97	59	53	59	61	46	52	43	50	10 סיבות אחרות

Objectives

1. Infectious disease burden in context
 - 2. Introduction to outbreaks**
 3. Case studies
 4. Public health tools
- Free discussion

Year 1346

- Jani Beg (Mongol) puts Kaffa (Crimea) under siege
- Genoese traders flee to Sicily
- Bring a disease with them



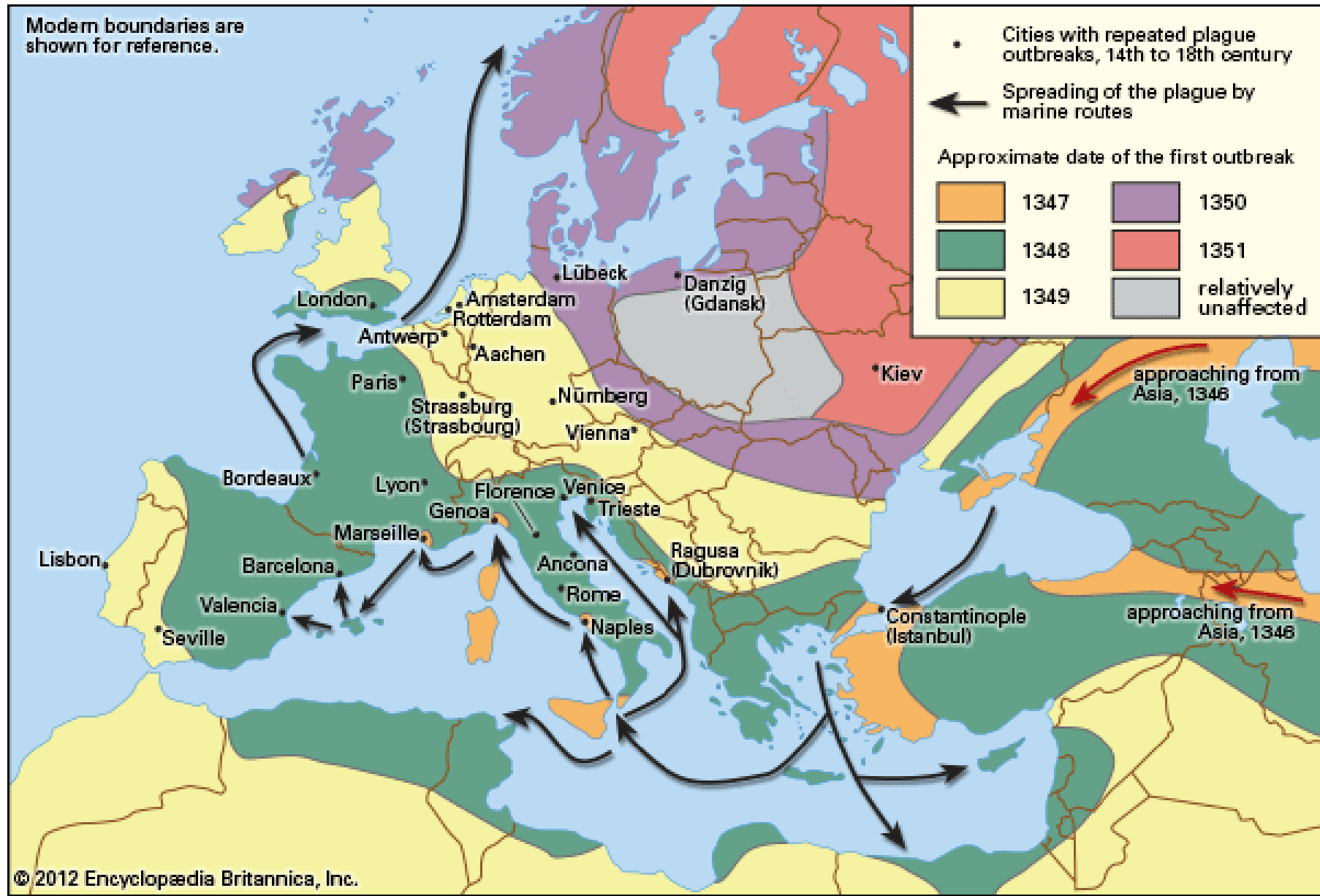
Year 1346

- Jani Beg (Mongol) puts Kaffa (Crimea) under siege
- Genoese traders flee to Sicily
- Bring a disease with them
 - Plague
 - Highly contagious
 - High mortality

The Bubonic Plague



Modern boundaries are shown for reference.



1347-1351

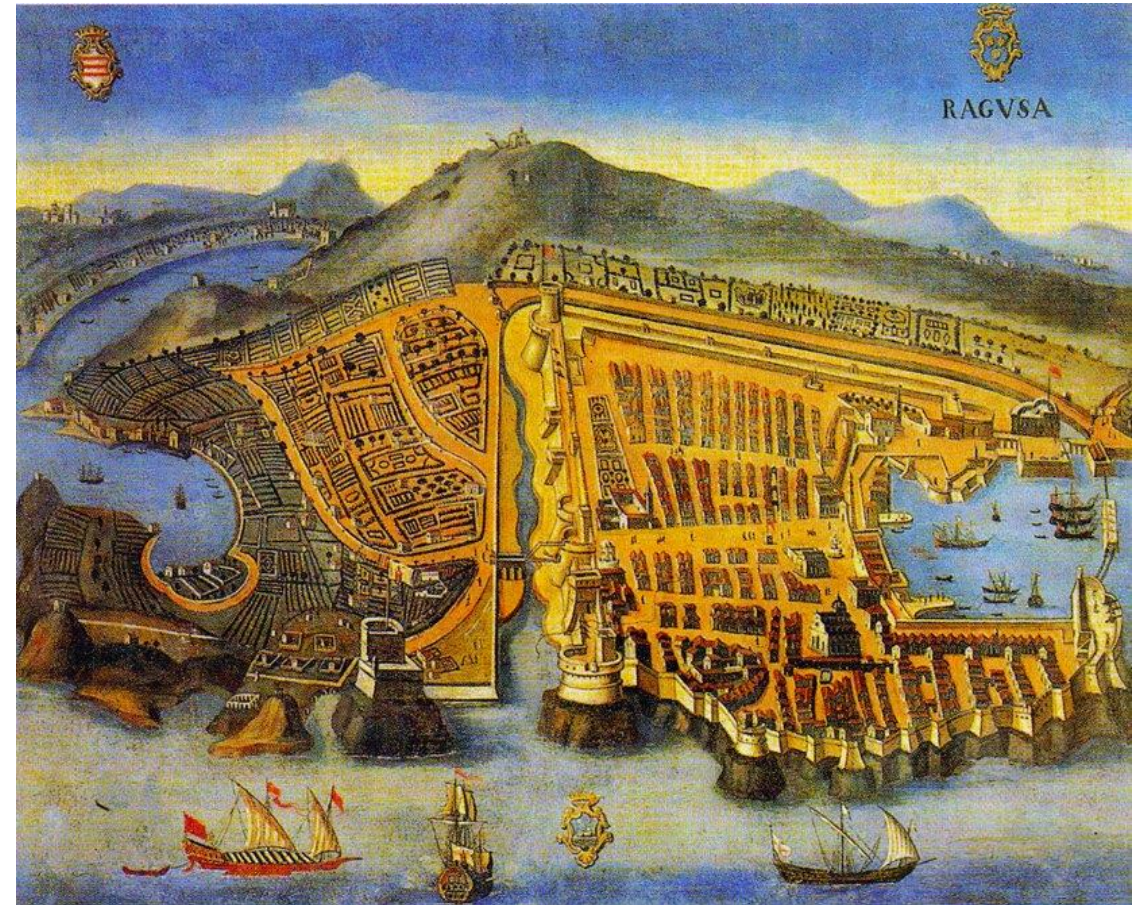
- Kills 30-60% of Europe population
 - World population
 - 450 million ->350 million



Ragusa (Dubrovnik) - Quarantine

Quaranta Giorni= 40 Days

- Ships would wait 40 days outside port
- Bubonic plague
 - Time from infection to death up to 37d



John Snow, 1813-1858

Cholera reached England in 1831.

It was thought to be spread by “miasma,” a fog emanating from a body of water.





ambic et vomissement plusieurs fois à la maison.

FIC: surveillance du patient avec C: ERA

Numéro du patient: 4185
 Nom: Seodine Mangot
 Âge: 36 ans
 Date d'admission: 10-06-13
 Type de diarrée: Aiguë / Congulante / Autre
 Urine: OUI / NON

Heure: 8h00
 Température: T: 36,7°C
 Tel: 46351050

ÉVALUATION INITIALE

État général	<input type="checkbox"/> Bon	<input type="checkbox"/> Faible	<input type="checkbox"/> Absent <input checked="" type="checkbox"/> très faible
Œil	<input type="checkbox"/> Alertes	<input type="checkbox"/> Inquiets ou irritables	<input type="checkbox"/> Léthargique ou inconscient
Voix	<input type="checkbox"/> Normal	<input type="checkbox"/> Fatigués	<input checked="" type="checkbox"/> Très enfoncés
État de conscience	<input type="checkbox"/> Bien orientés	<input type="checkbox"/> Anxieux, bruit aviné	<input type="checkbox"/> Pas capable de boire
Deshydratation	<input type="checkbox"/> Disparaît rapidement	<input type="checkbox"/> Disparaît lentement	<input checked="" type="checkbox"/> Disparaît très lentement

Deshydratation: Pas de deshydratation (A) / Deshydratation modérée (B) / Deshydratation sévère (C)

N° de litres Ringor Lactate ou litige: 000000 Gobelets de SRO au litige: 000000

Transféré à la sortie: _____ Heure: _____

HOSPITALISATION:

HEURE	10-06-13 1er Jour DATE:				11-06-13 2ème Jour DATE:			
	7am-12am	12am-5pm	5pm-12pm	12pm-7am	7am-12am	12am-5pm	5pm-12pm	12pm-7am
État de deshydratation	:	:	:	:	:	:	:	:
N° de litres Ringor Lactate	000000	000000	000000	000000	000000	000000	000000	000000
Gobelets de SRO	000000	000000	000000	000000	000000	000000	000000	000000
N° de diarrhées	000000	000000	000000	000000	000000	000000	000000	000000
N° de vomissements	000000	000000	000000	000000	000000	000000	000000	000000
PI cutané (+, ++, +++)								
Urine (Oui / Non)	-	-	+	+				
Prescription de Méd.								
Signature de l'infirmière								

HEURE	3ème Jour DATE:				4ème Jour DATE:			
	7am-12am	12am-5pm	5pm-12pm	12pm-7am	7am-12am	12am-5pm	5pm-12pm	12pm-7am
État de deshydratation								
N° de litres Ringor Lactate	000000	000000	000000	000000	000000	000000	000000	000000
Gobelets de SRO	000000	000000	000000	000000	000000	000000	000000	000000
N° de diarrhées	000000	000000	000000	000000	000000	000000	000000	000000
N° de vomissements	000000	000000	000000	000000	000000	000000	000000	000000
PI cutané (+, ++, +++)								
Urine (Oui / Non)								
Prescription de Méd.								
Signature de l'infirmière								

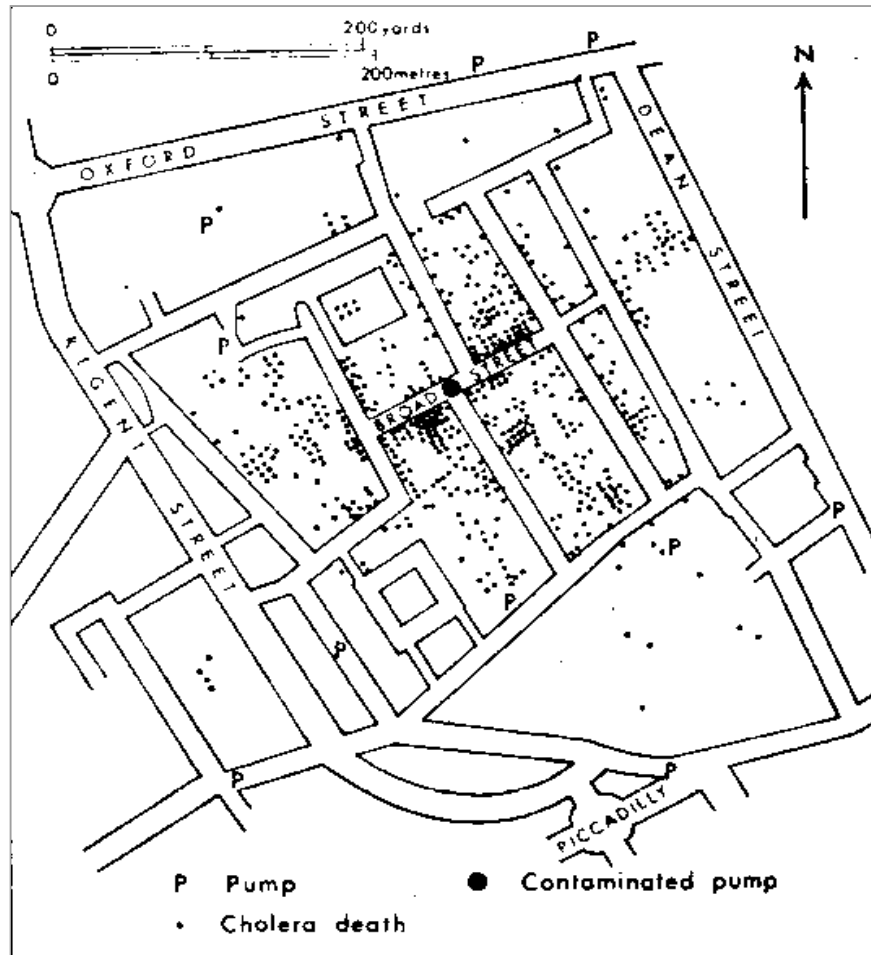
Autres traitements: _____

Date de sortie: _____

Guéri
 Abandon
 Transféré vers: _____
 Décédé

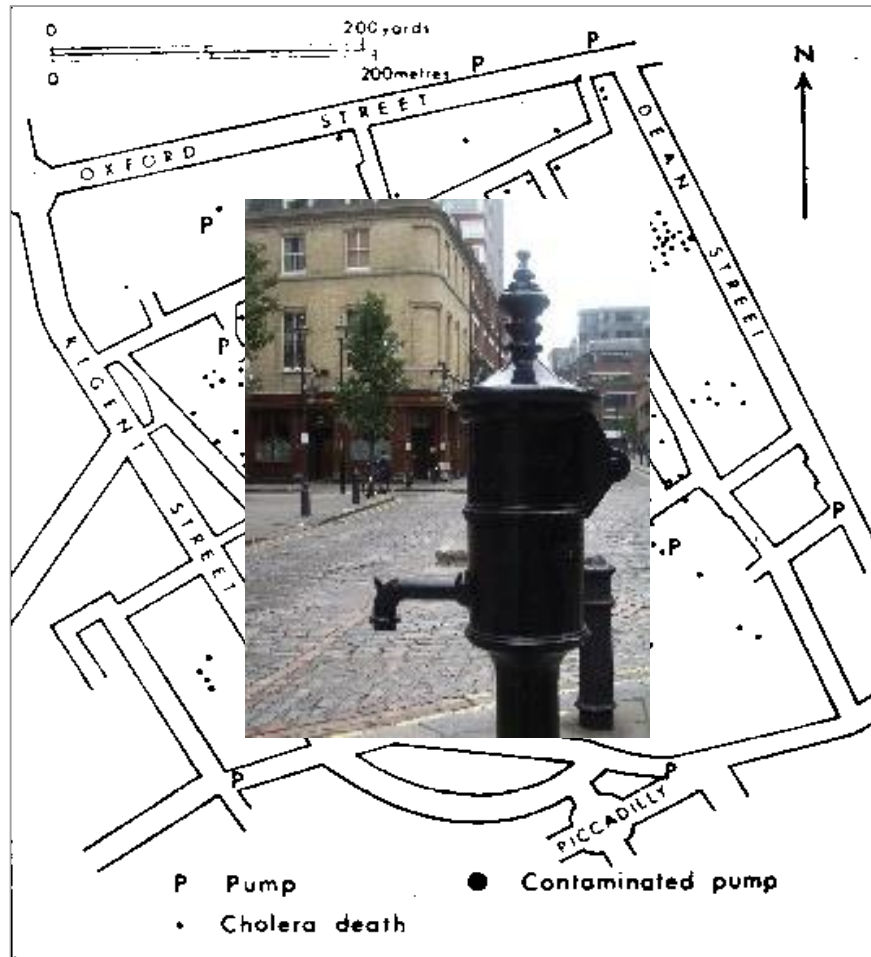
Heure: _____ Cause du décès: _____

Snow's cholera map of London, 1849



Presented at Epidemiologic Society of London, December 5, 1854

Snow's cholera map of London, 1849



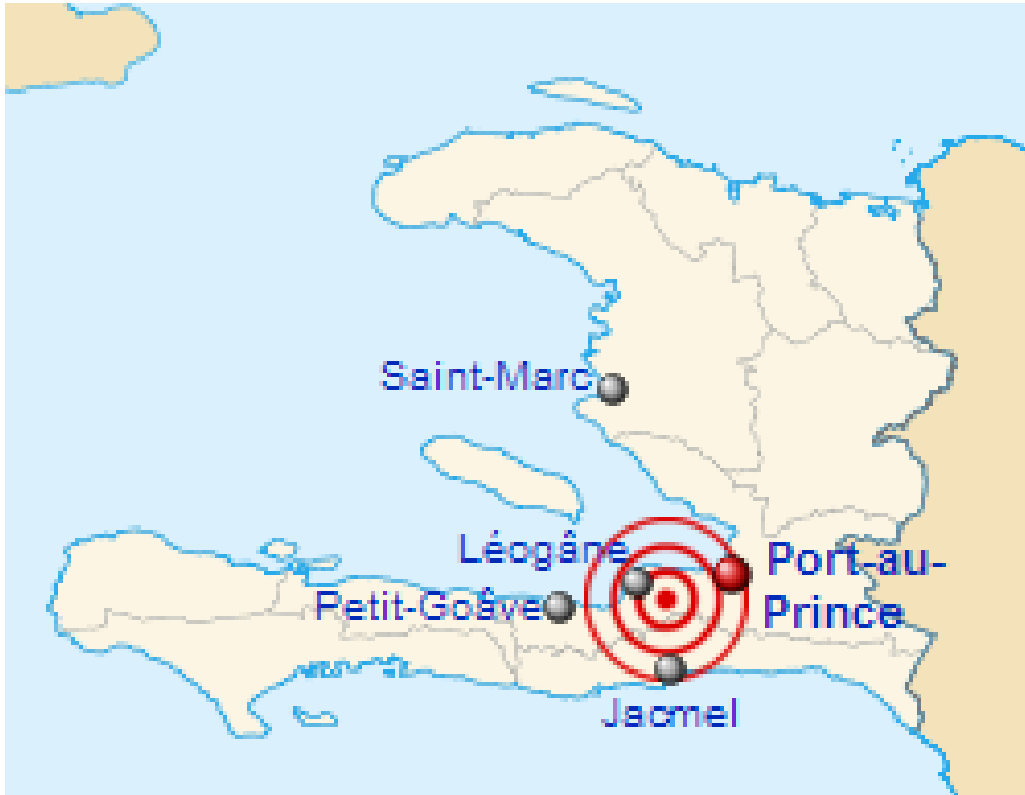
Presented at Epidemiologic Society of London, December 5, 1854

Cholera mortality rates in London by water supply (John Snow, 1849)

TABLE IX.

	Number of houses.	Deaths from Cholera.	Deaths in each 10,000 houses.
Southwark and Vauxhall Company	40,046	1,263	315
Lambeth Company	26,107	98	37
Rest of London	256,423	1,422	59

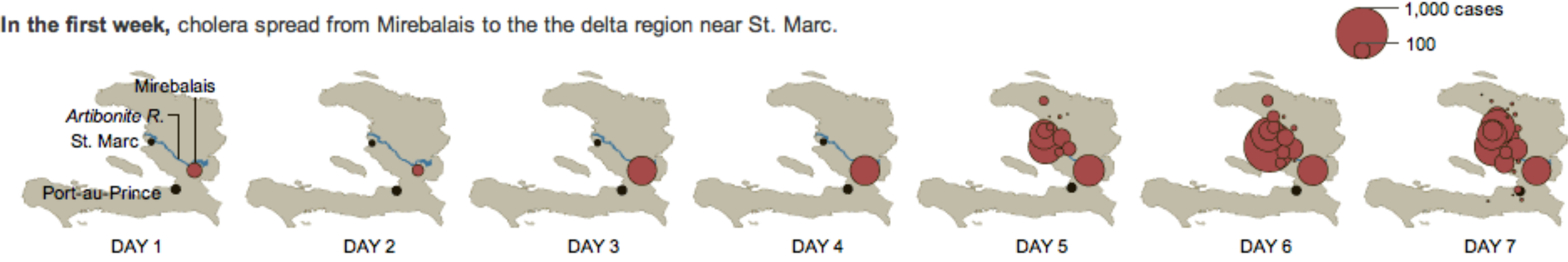
2010 Haiti Earthquake





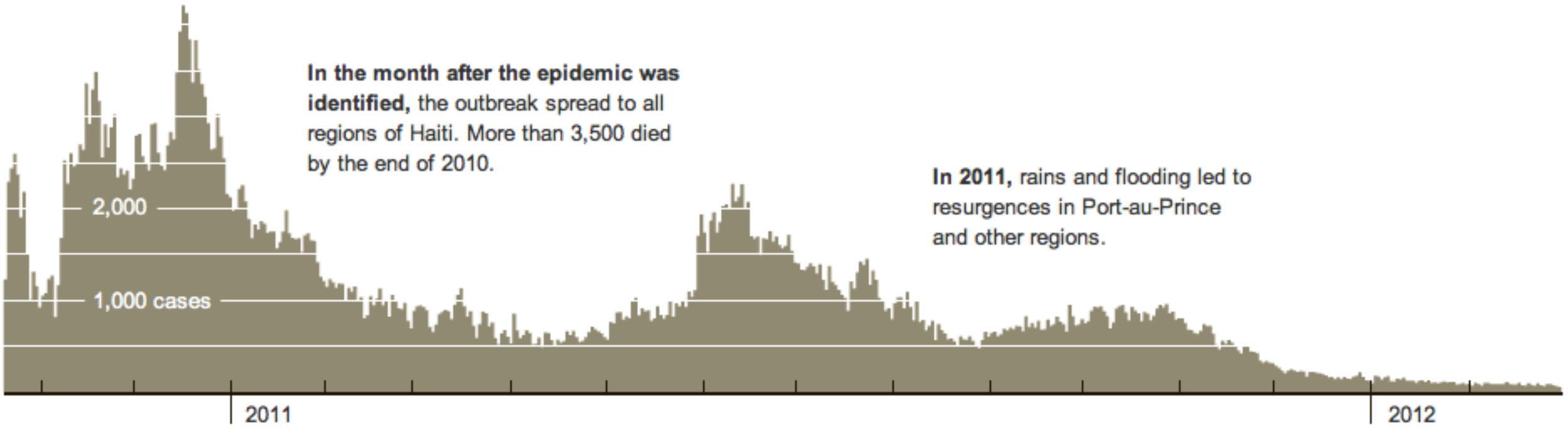


In the first week, cholera spread from Mirebalais to the the delta region near St. Marc.



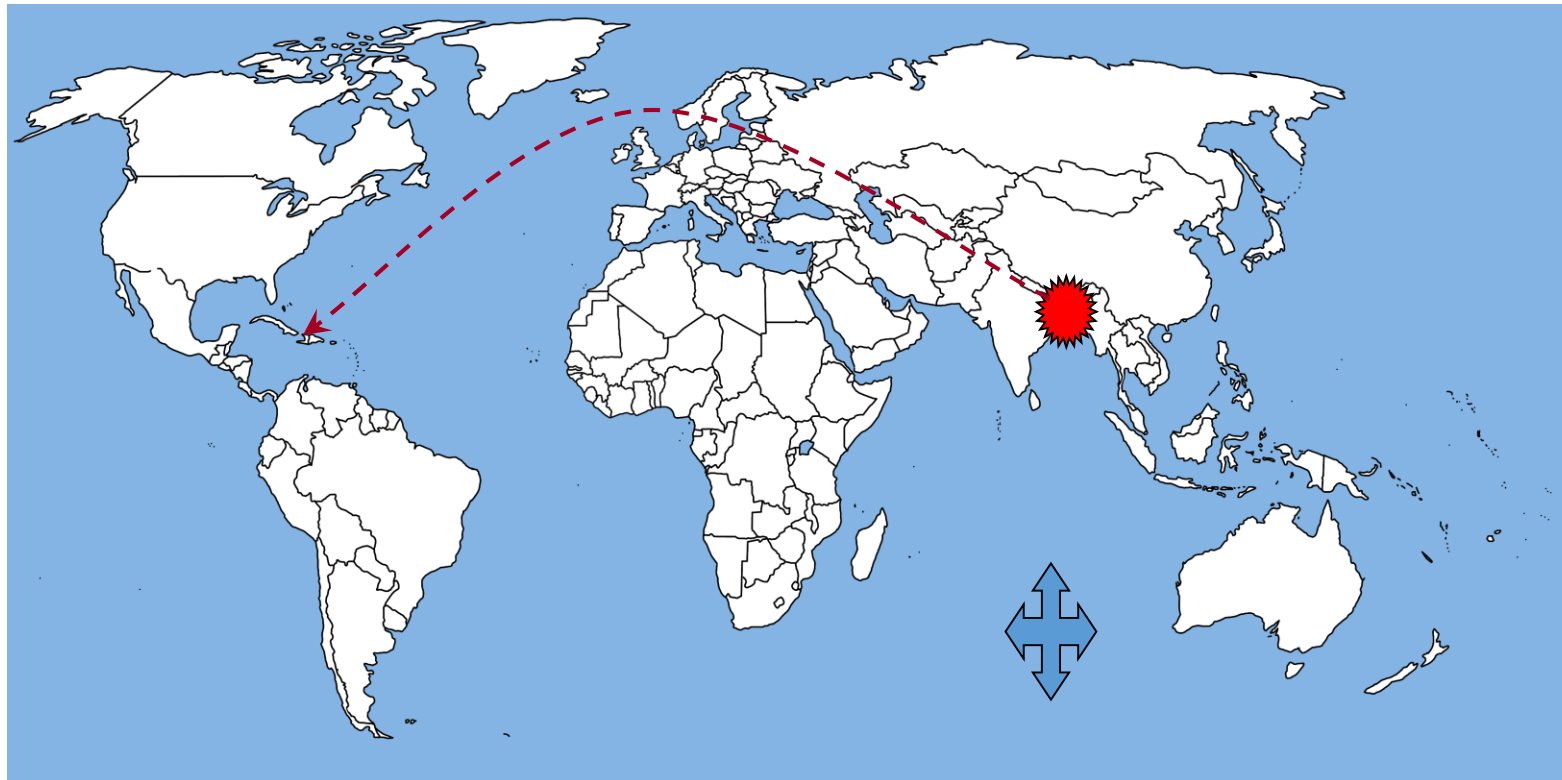
In the month after the epidemic was identified, the outbreak spread to all regions of Haiti. More than 3,500 died by the end of 2010.

In 2011, rains and flooding led to resurgences in Port-au-Prince and other regions.



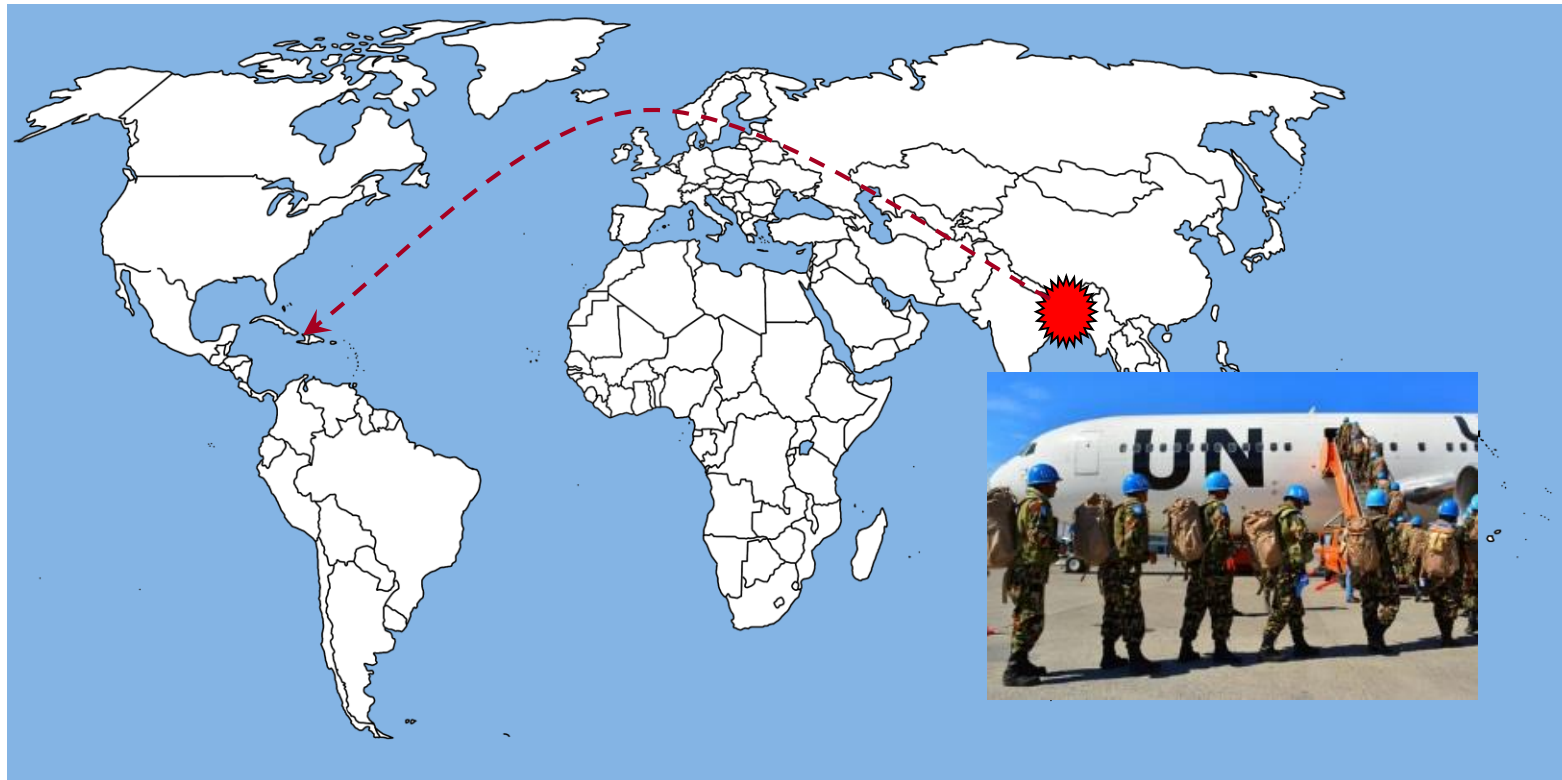
The Origin of the Haitian Cholera Outbreak Strain NEJM DEC 2010

“there is a close relationship between the Haitian isolates and variant *V. cholerae* El Tor O1 strains isolated in Bangladesh in 2002 and 2008.”



The Origin of the Haitian Cholera Outbreak Strain NEJM DEC 2010

“there is a close relationship between the Haitian isolates and variant *V. cholerae* El Tor O1 strains isolated in Bangladesh in 2002 and 2008.”





על נפש חיה נעורים
נפש היפה רכה וענוגה

מ' נחמה גיטיל

א'ר' יצחק

טויסשער שיהר

ב'ת'ר' יהושע חיים הלוי

ל'ר' כ'ר'ג' ל'ז'

נולדה ביום ה' טבת תרנ"א

ונקטפה בעצם עלומיה

ממחלת החולירע האכזרית

ביום ה' תמוז תרע"ו

תנצב"ה

— —

כולרה בישראל

- מגיפה ראשונה מדווחת 1831
- המגיפות הגדולות: 1865, 1902 (ממצרים לעזה ולישראל)
- התגברות המגיפות בזמן מלה"ע הראשונה.
- דווח אחרון 1918 בטבריה.

אחוז תמותה בישובים בזמן מגיפת כולרה

שנה	מקום	מס' תושבים	% תמותה
1865	ירושלים	14,000	10
1902	לוד	1,000	50
1902	טבריה	6,000	10
1902	עזה	18,000	16
1911	חיפה	360 (מטופלים)	33

Objectives

1. Infectious disease burden in context
 2. Introduction to outbreaks
 - 3. Case studies**
 4. Public health tools
- Free discussion

Epidemics – 20th Century



Spanish Flu (1918)
50 Million deaths



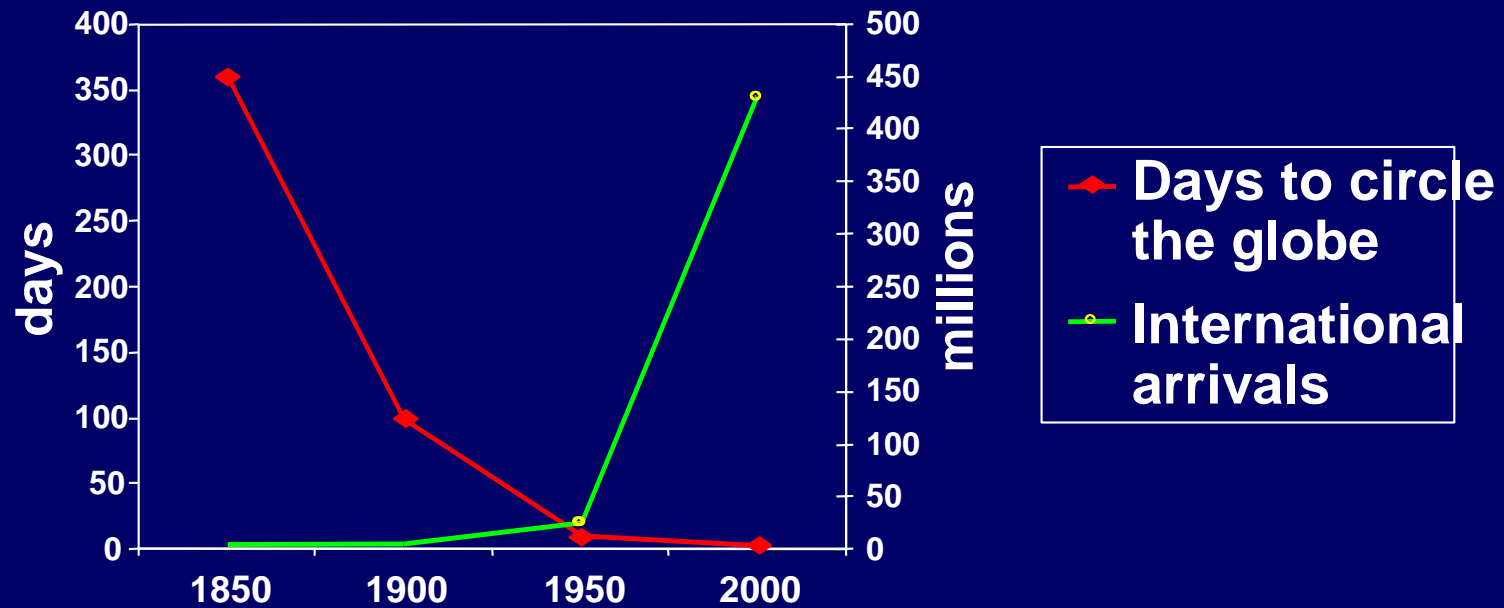
Polio (1950s)
500,000 dead and paralyzed
Every year



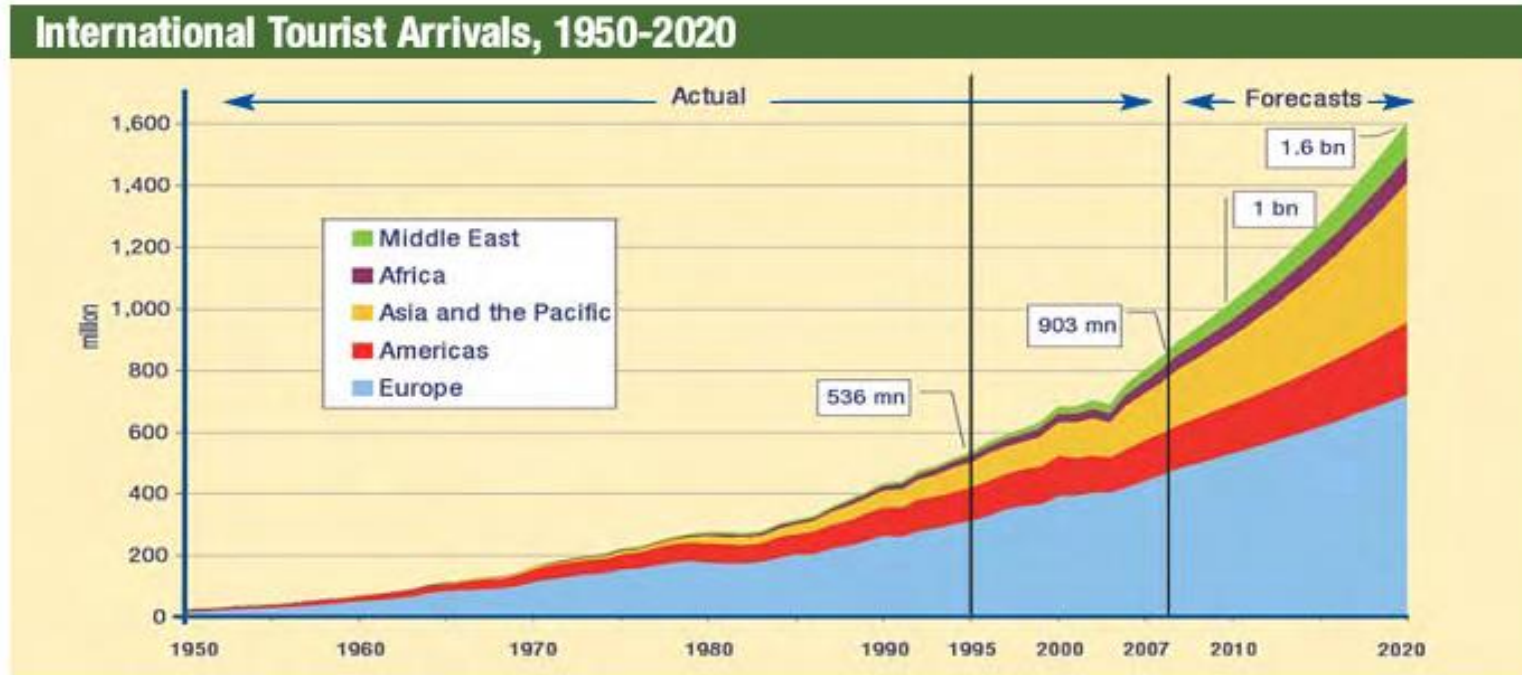
HIV (1980)
75 Million infected
32 Million dead



Around the world in 80 days



World Tourism Organization prediction



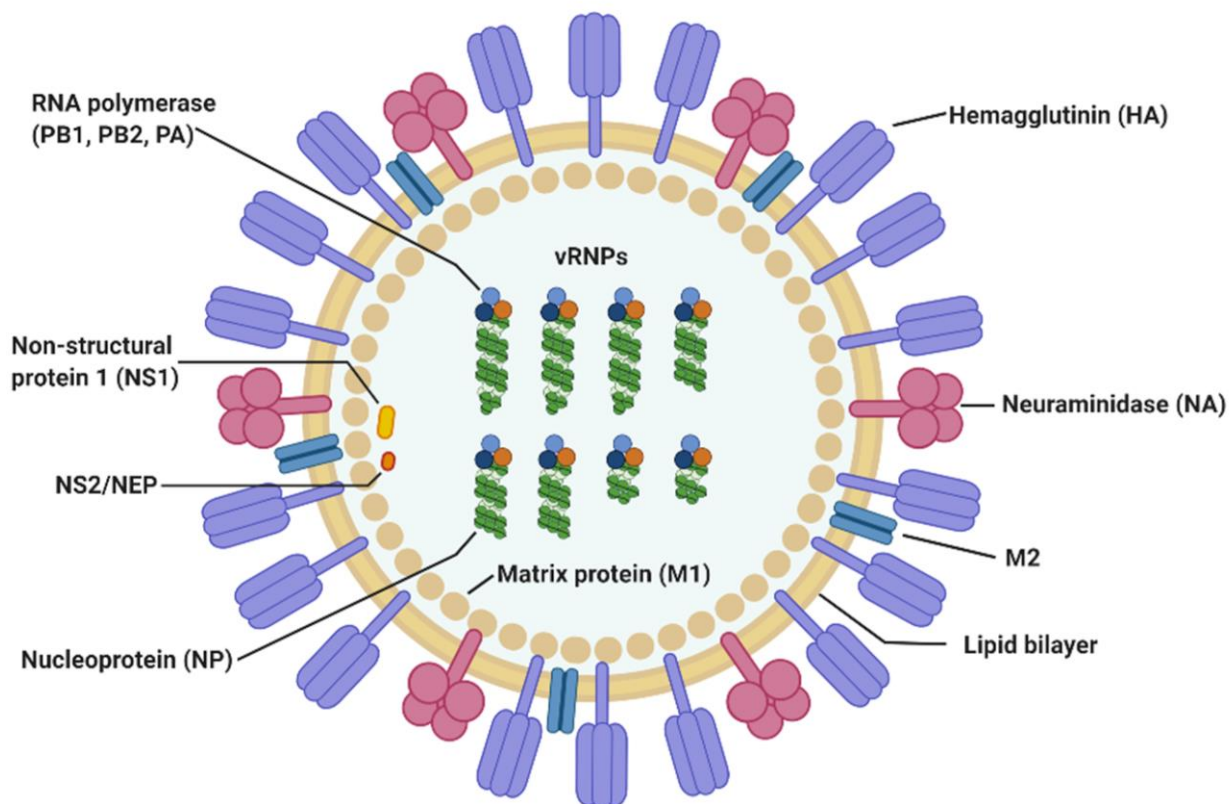
Source: World Tourism Organization (UNWTO) ©

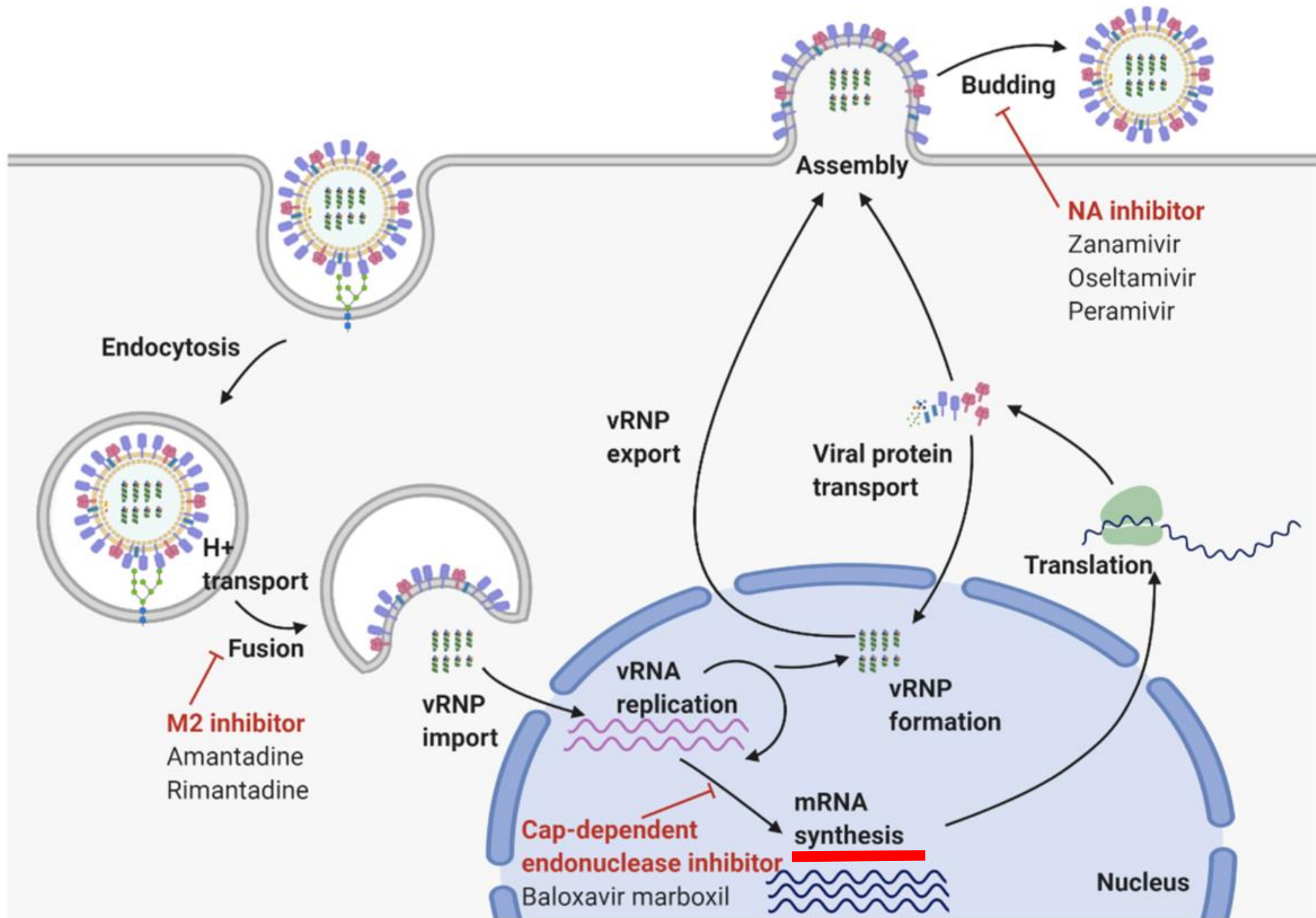
1 billion people crossing borders /year



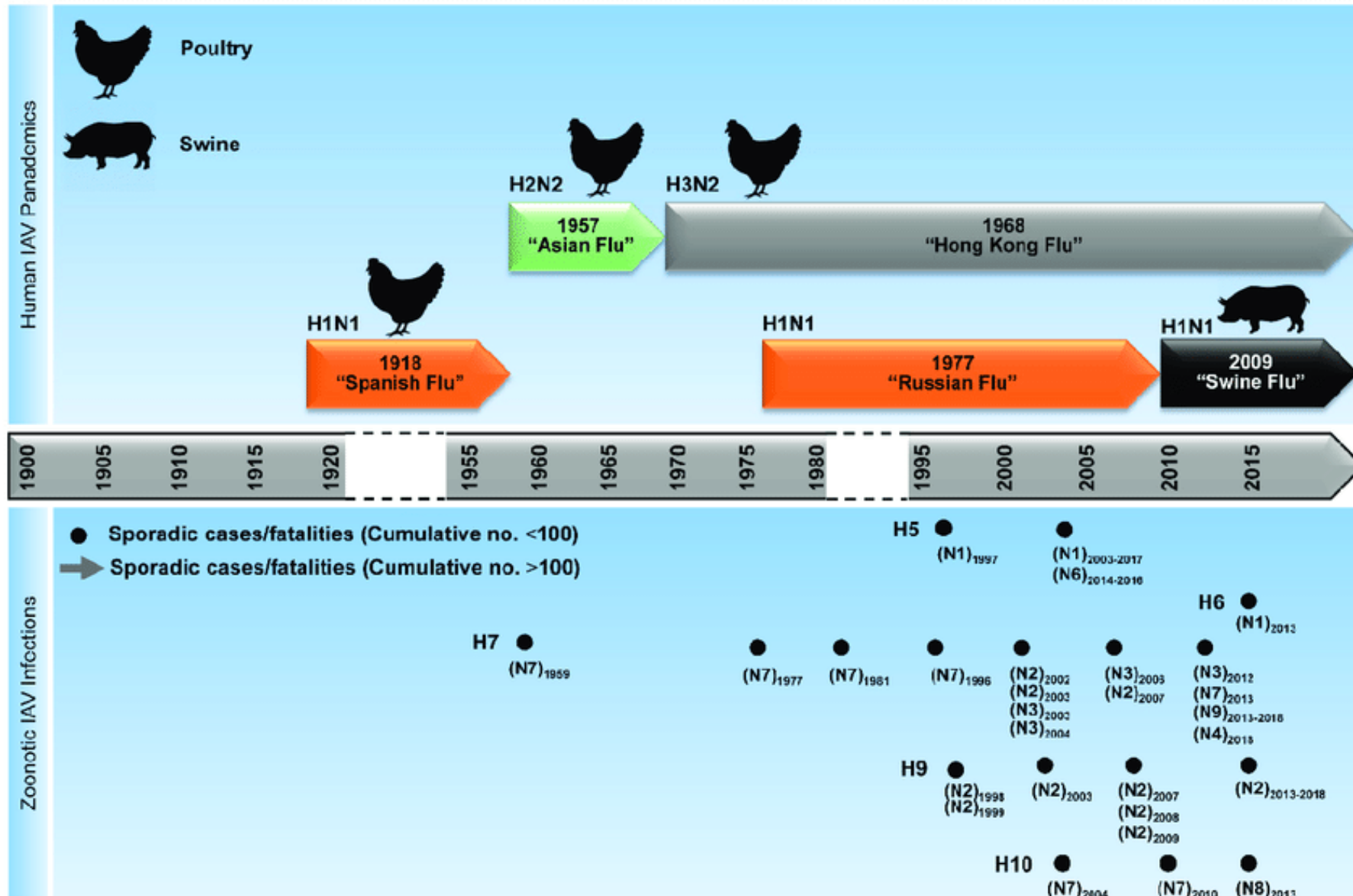
Influenza

- RNA virus
- Orthomyxoviridae
- Hemagglutinin (HA 1-18)
 - Humans H1,2,3
- Neuroaminidase (NA 1-11)
 - Humans N1,2





Flu Epidemics – 20th Century



NATIONAL STRATEGY FOR
**PANDEMIC
INFLUENZA**



HOMELAND SECURITY COUNCIL

NOVEMBER 2005

Centers for Disease Control and Prevention
MMWR

Morbidity and Mortality Weekly Report

Recommendations and Reports / Vol. 63 / No. 6

September 26, 2014

Updated Preparedness and Response Framework
for Influenza Pandemics



Continuing Education Examination available at <http://www.cdc.gov/mmwr/cme/conted.html>.



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

Influenza Symptoms

Cold or Flu?

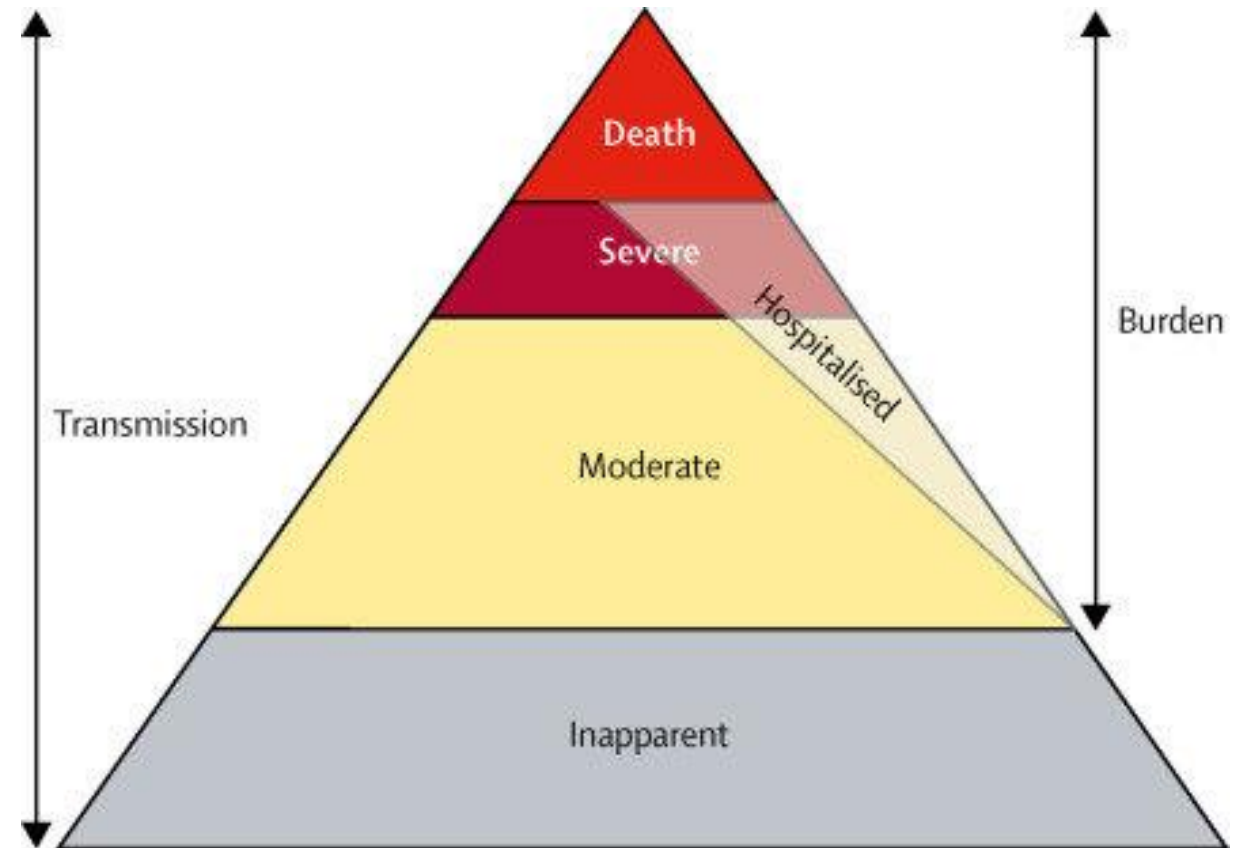
- **FEVER**
 - Abrupt
- **Chills**
- **Myalgia**
- **Headache**

- **Cough**
- **Chest discomfort**

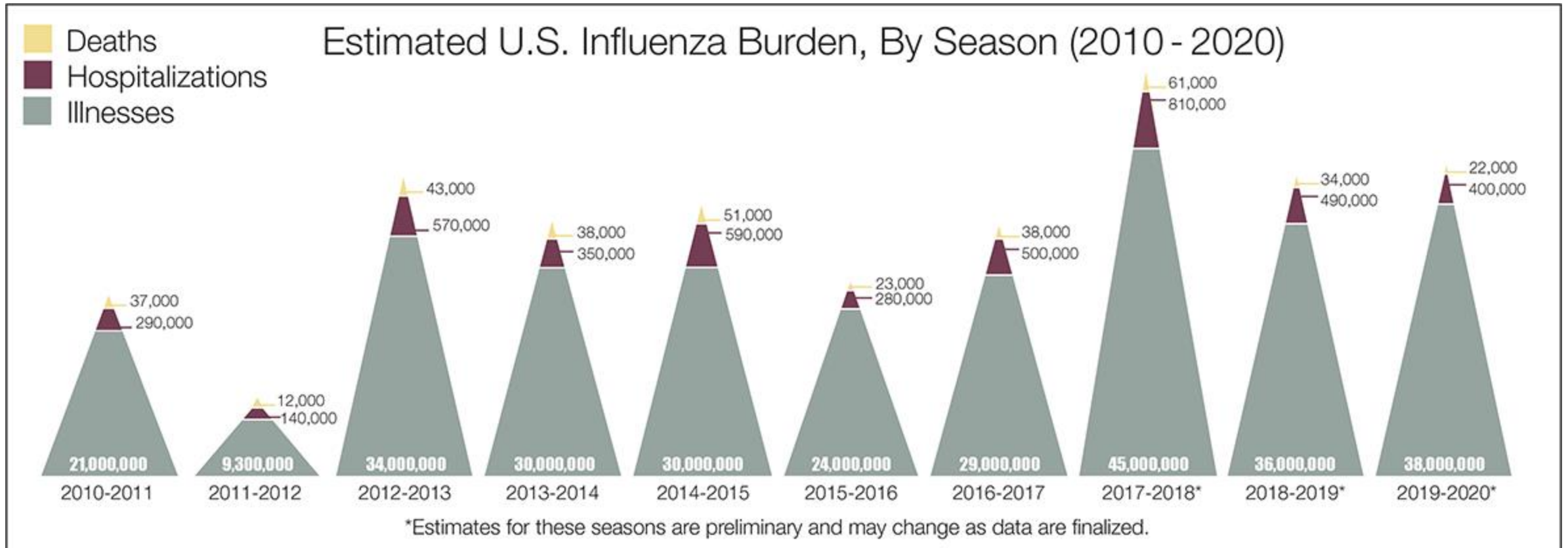
SIGNS AND SYMPTOMS	COLD	FLU
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Headache	Rare	Common

Influenza Epidemiology

- **Infected**
 - **20-30% Children**
 - **5-10% Adults**
- **Annual Burden (Global)**
 - **1 Billion cases**
 - **3-5 Million severe cases**
 - **290,000-650,000 Deaths**

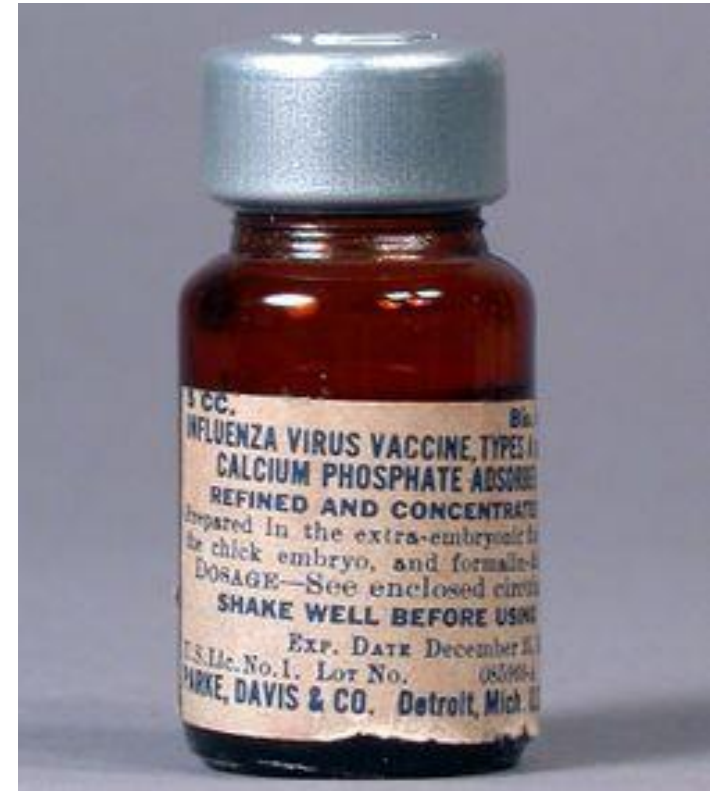


Influenza in the US, 2010-20 Seasons



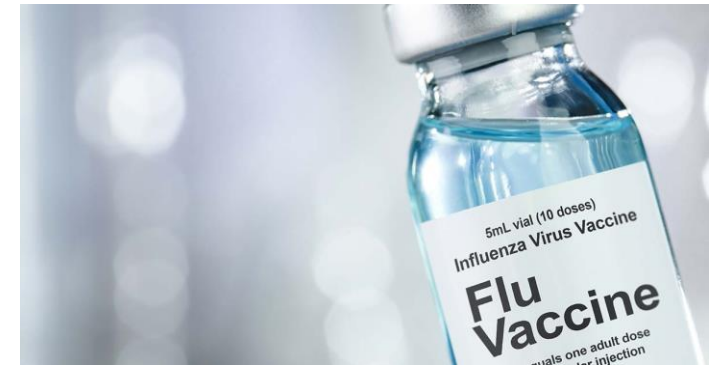
Influenza Vaccine

- **Approved in 1945 (US military)**
- **Inactivated Vs. Live Attenuated**
- **Trivalent Vs. Quadrivalent**
- **Standard Vs. High dose**
- **Chicken egg based Vs. Cell culture**
- **Adjuvanted**
- **Recombinant**

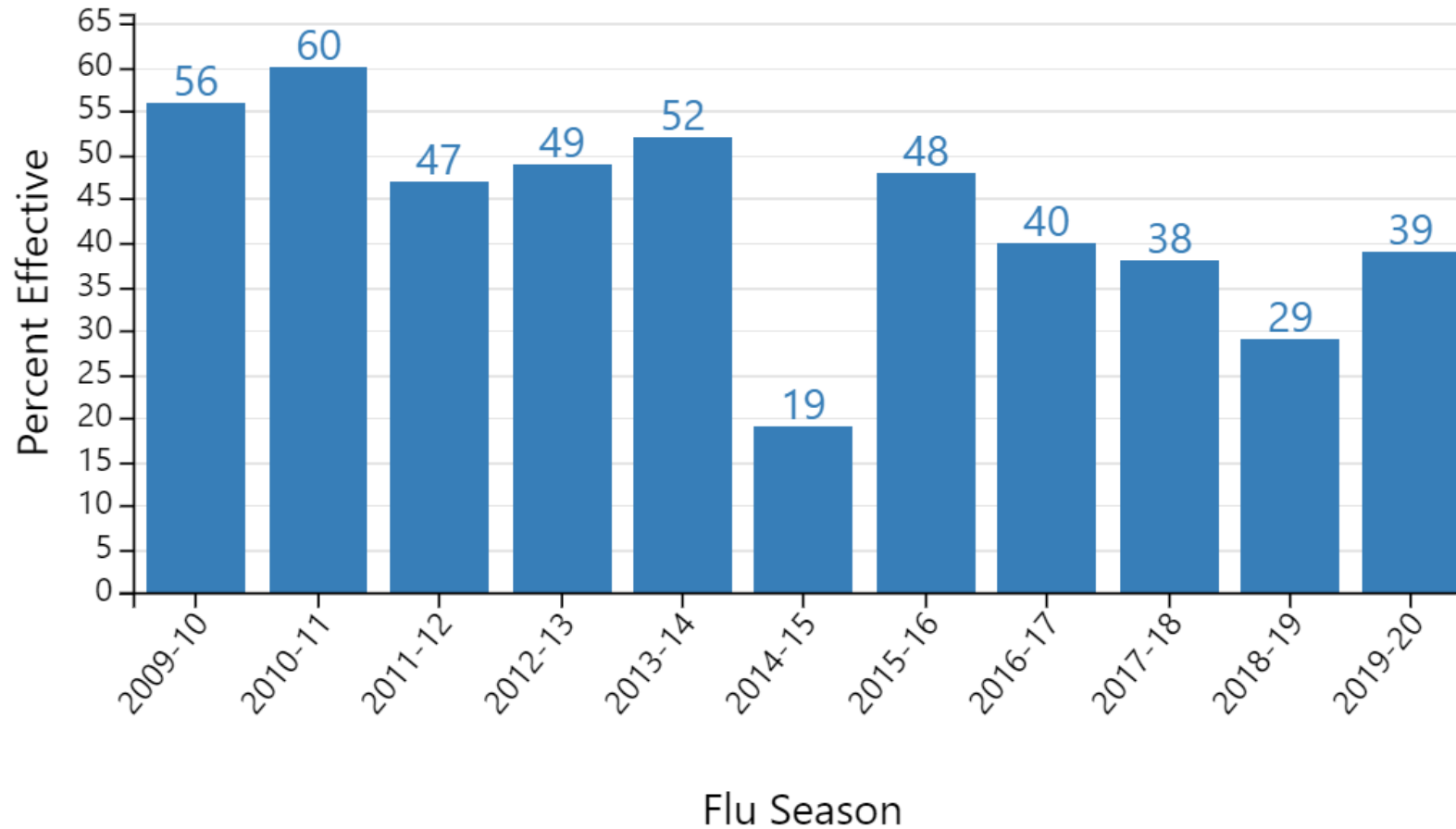


Indications for Flu Vaccine

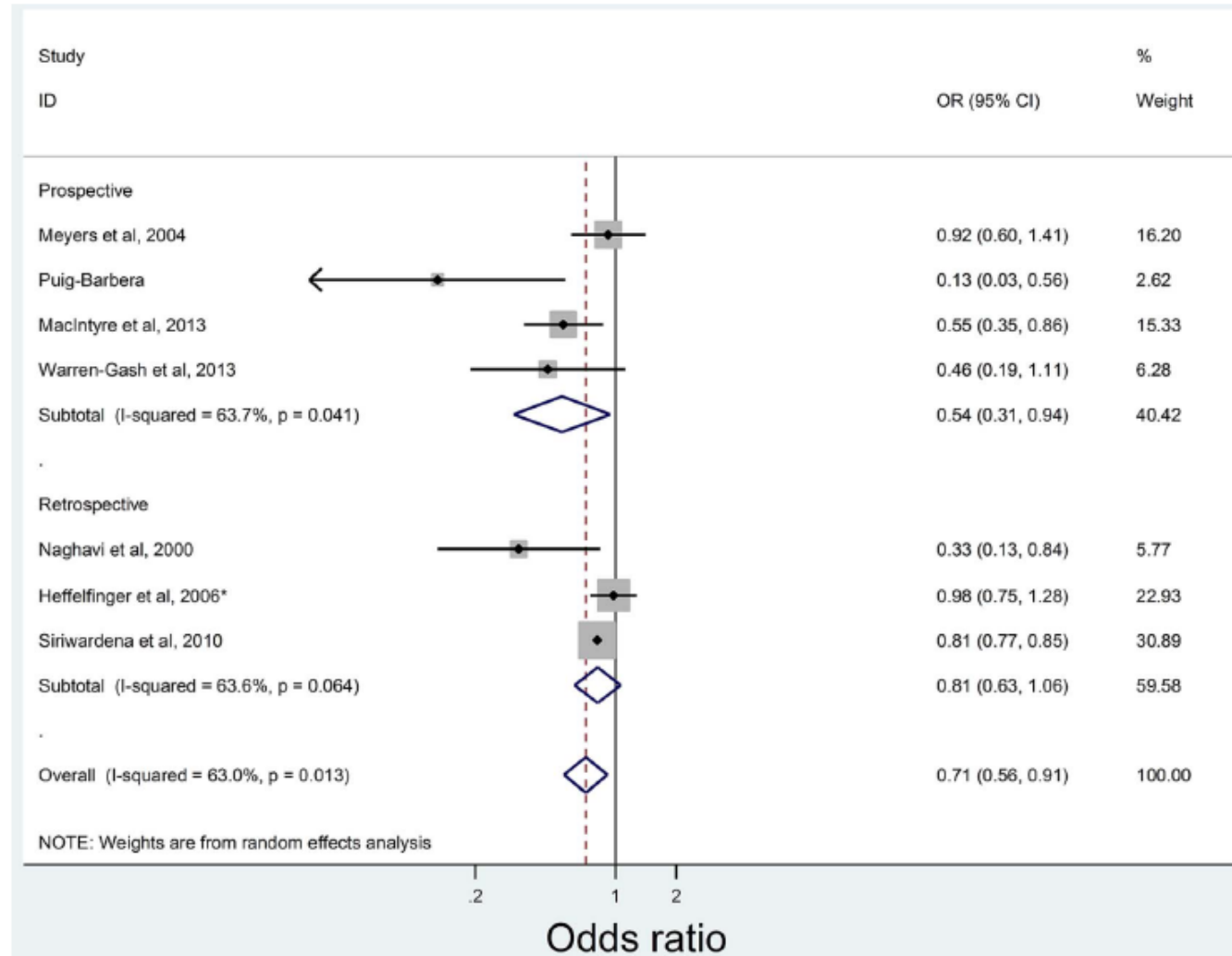
- **High risk groups:**
 - **Children age 6-59 months**
 - **Adults aged 55 years and older**
 - **Pregnant women and three months post partum**
 - **Chronic illness**
 - **Heart**
 - **Lung**
 - **Metabolic**
 - **Obese**
 - **Long term care facilities**
 - **Healthcare workers and caregivers**



Seasonal Flu Vaccine Effectiveness



Acute myocardial infarction and influenza: a meta-analysis of case–control studies



Vaccine
Effectiveness
29%

To cite: Barnes M, Heywood AE, Mahimbo A, et al. *Heart* 2015;101:1738–1747.

Figure 3 Pooled results for the analysis of vaccination studies by study type and acute myocardial infarction diagnosis.

COVID-19

November 2020, Wuhan, Hubei Province, China



Wet Market, Wuhan



Pangolin

COVID-19

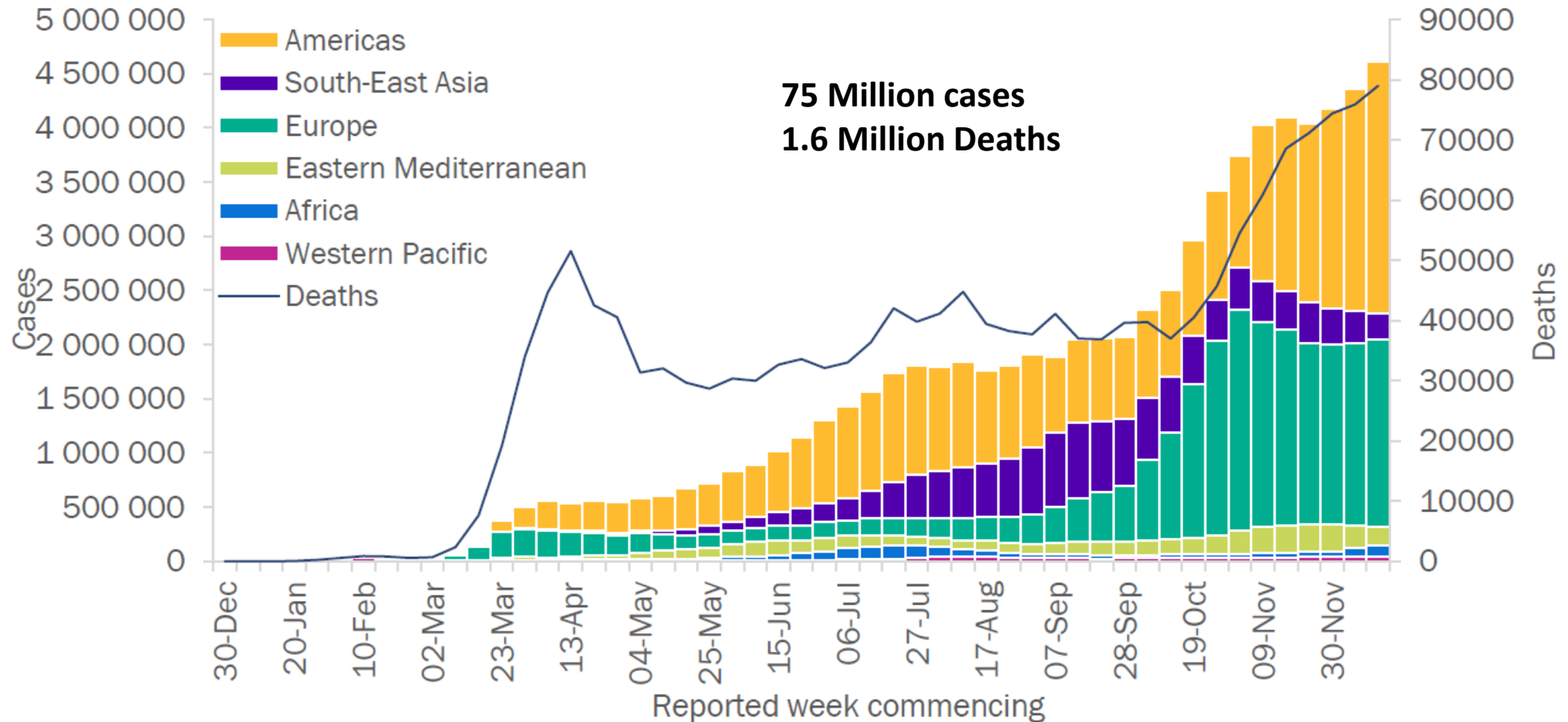
November 2020, Wuhan, Hubei Province, China –
The COVID-19 Pandemic



Pangolin

Global Situation COVID-19

Figure 1: COVID-19 cases reported weekly by WHO Region, and global deaths, as of 20 December 2020**



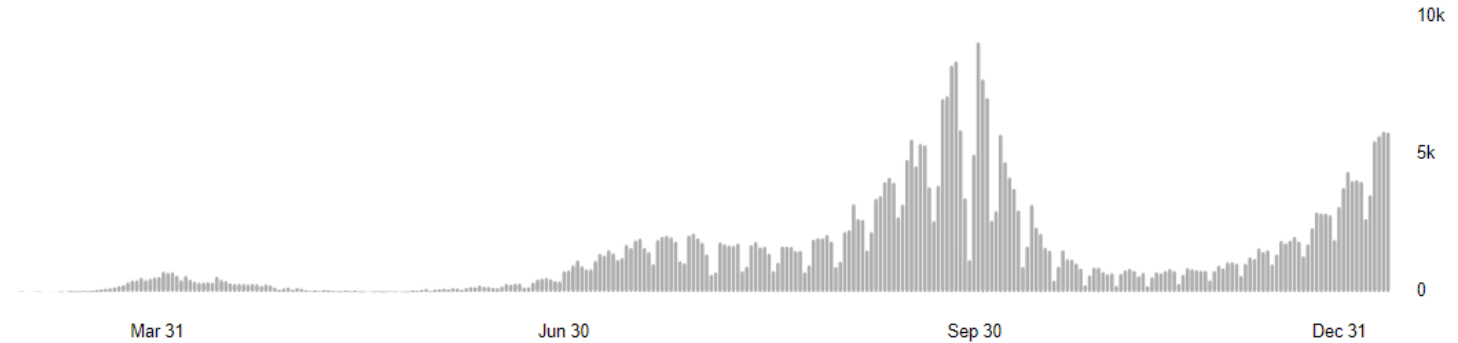


In **Israel**, from **Jan 3** to **6:30pm CET, 2 January 2021**, there have been **425,582 confirmed cases** of COVID-19 with **3,338 deaths**.

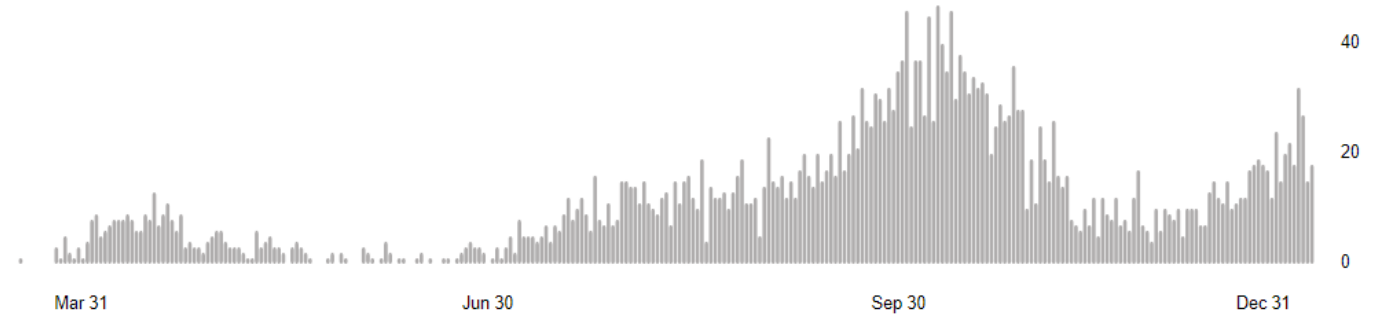
Israel Situation



425,582
confirmed cases



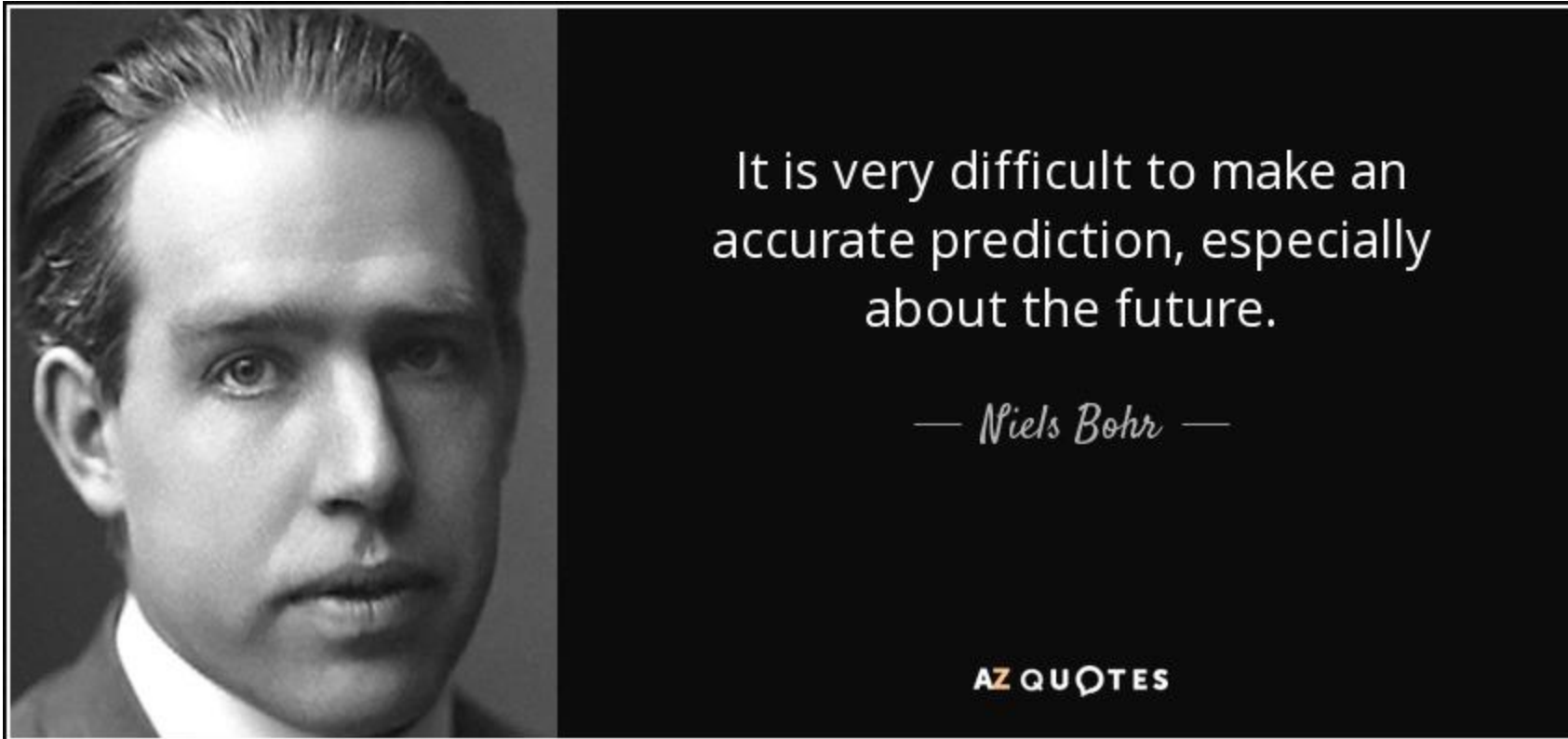
3,338
deaths



Source: World Health Organization

What to Expect This Winter?

What to Expect This Winter?



Influenza Cases, by Region (2010–2020)

The World Health Organization tracks influenza activity in 18 transmission zones. Three of those regions appear here. Only people who get tested for influenzalike illnesses—typically about 5 percent of those who fall ill—are tallied.

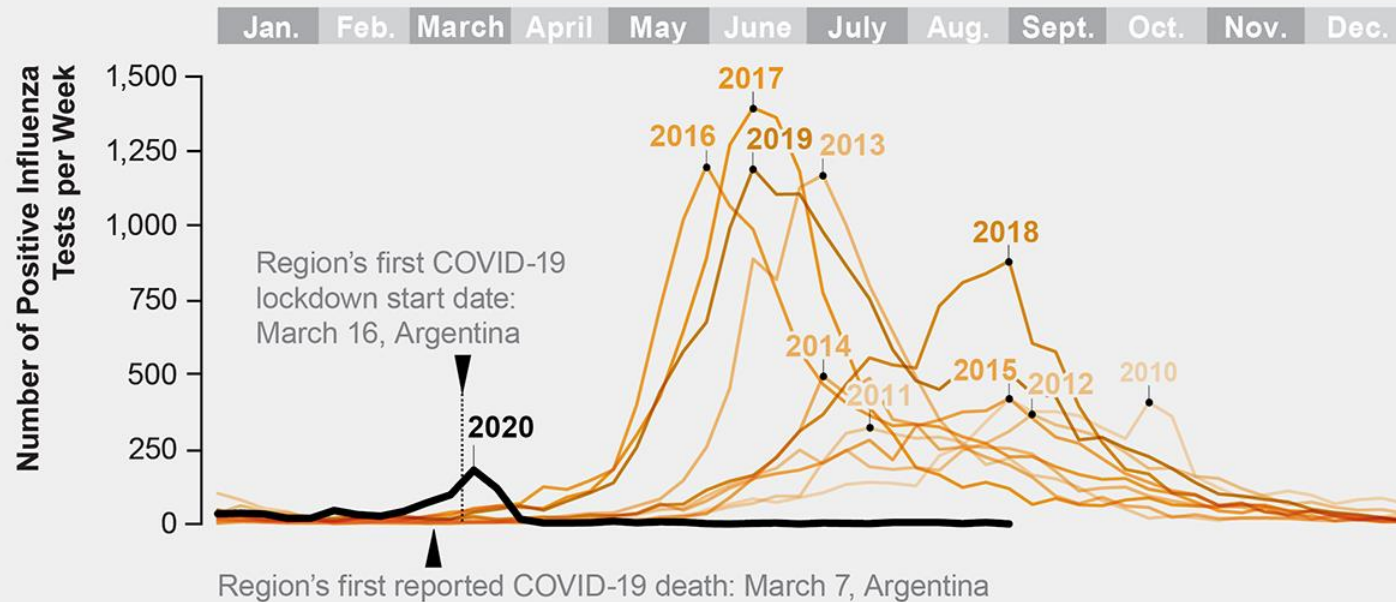


Midyear Spikes

Flu cases rise each winter in temperate latitudes. In the Southern Hemisphere, flu season stretches from May to October. In southern South America, weekly cases peaked in 2017.

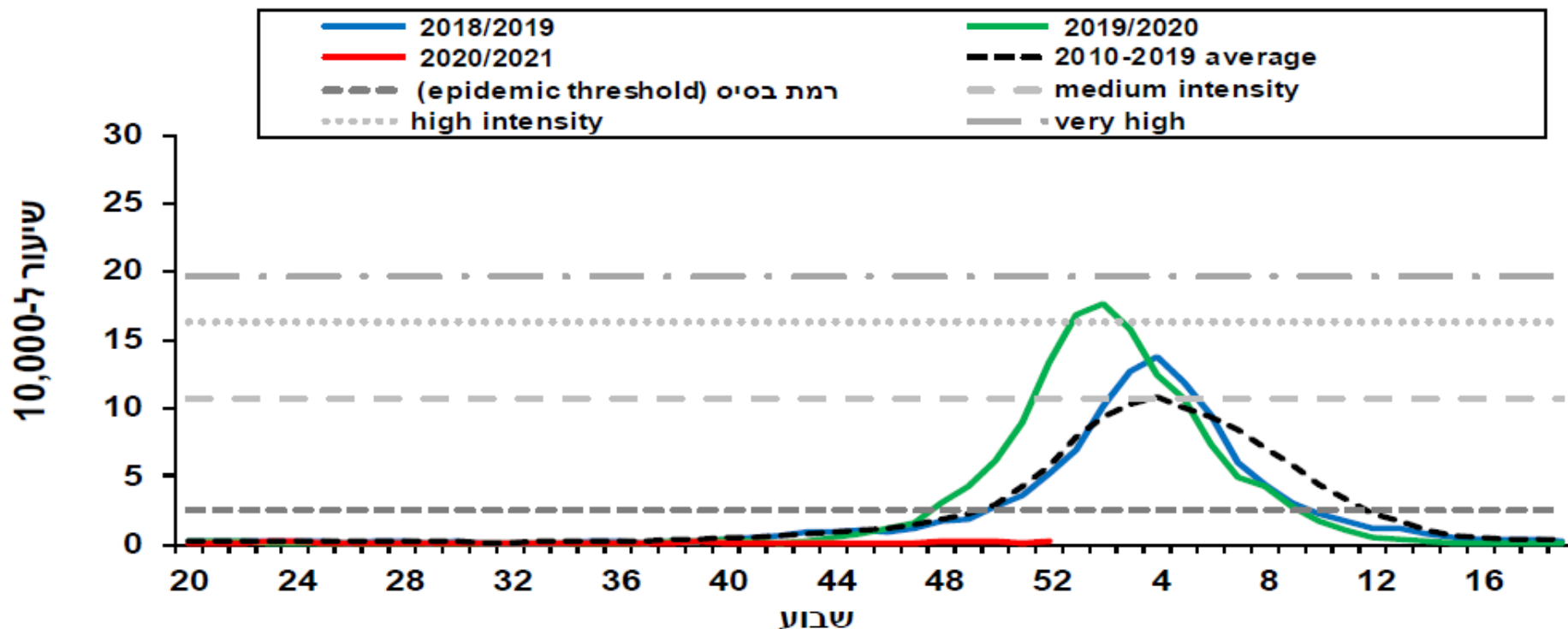
Temperate South America

(Argentina, Chile, Paraguay, Uruguay)



What to Expect This Winter?

Maccabi Healthcare Services: Incidence of weekly visits due to Influenza Like Illness compared with multi year average





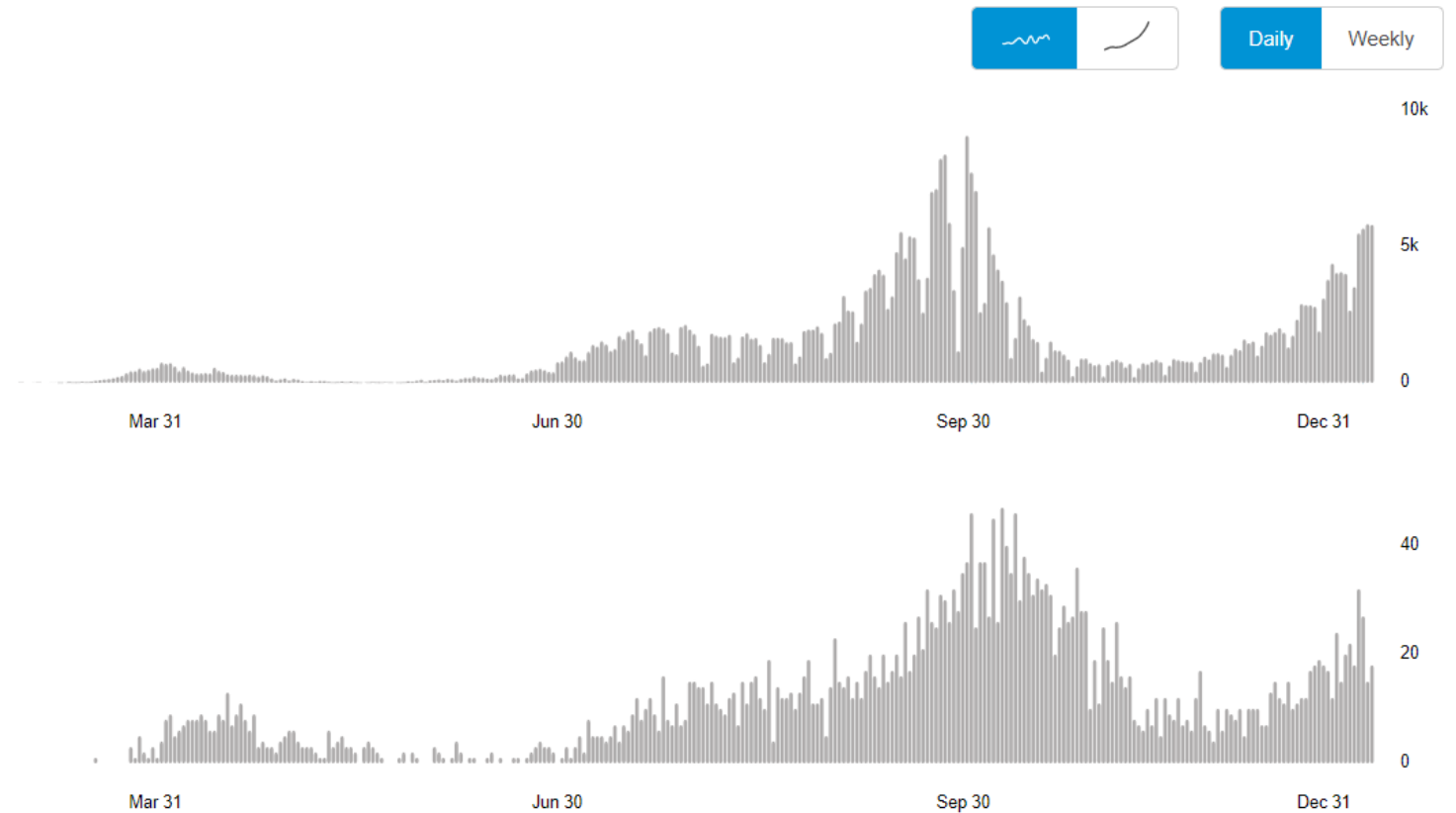
In **Israel**, from **Jan 3** to **6:30pm CET, 2 January 2021**, there have been **425,582 confirmed cases** of COVID-19 with **3,338 deaths**.

Israel Situation

425,582
confirmed cases

3,338
deaths

Source: World Health Organization

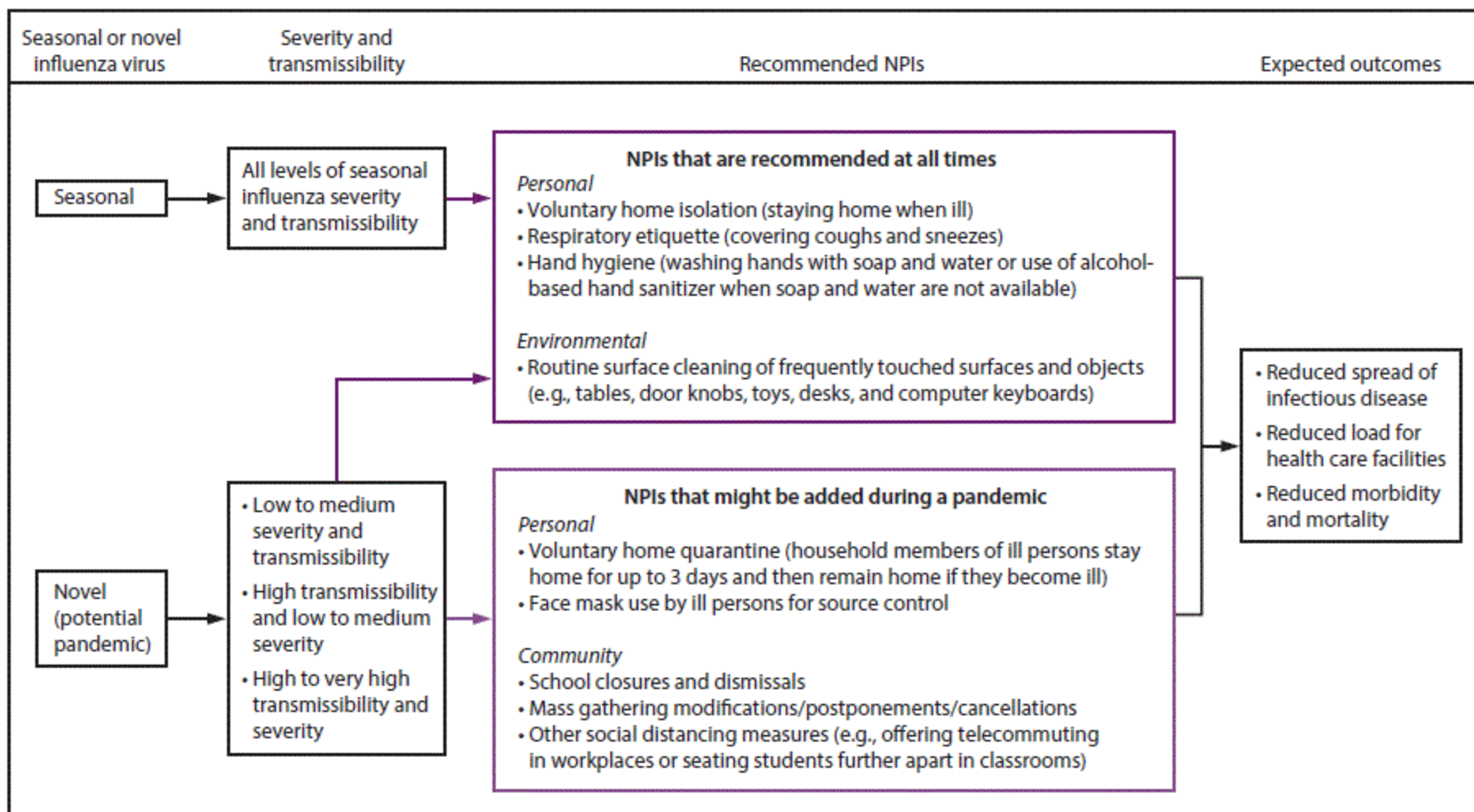


Objectives

1. Infectious disease burden in context
 2. Introduction to outbreaks
 3. Case studies
 - 4. Public health tools**
- Free discussion

Classic Public Health Measures to Control Outbreaks

- Prevent **person-to-person** spread of disease by separating people to interrupt transmission
- **Isolation**
- **Quarantine**
- **Community Containment**
 - Increasing social distancing
 - Community wide quarantine



Treatment Capacity

- Ventilators
- Healthcare surge
- Drugs



Vaccines

ORIGINAL ARTICLE

Safety and Efficacy of the BNT162b2 mRNA Covid-19 Vaccine

Table 2. Vaccine Efficacy against Covid-19 at Least 7 days after the Second Dose.*

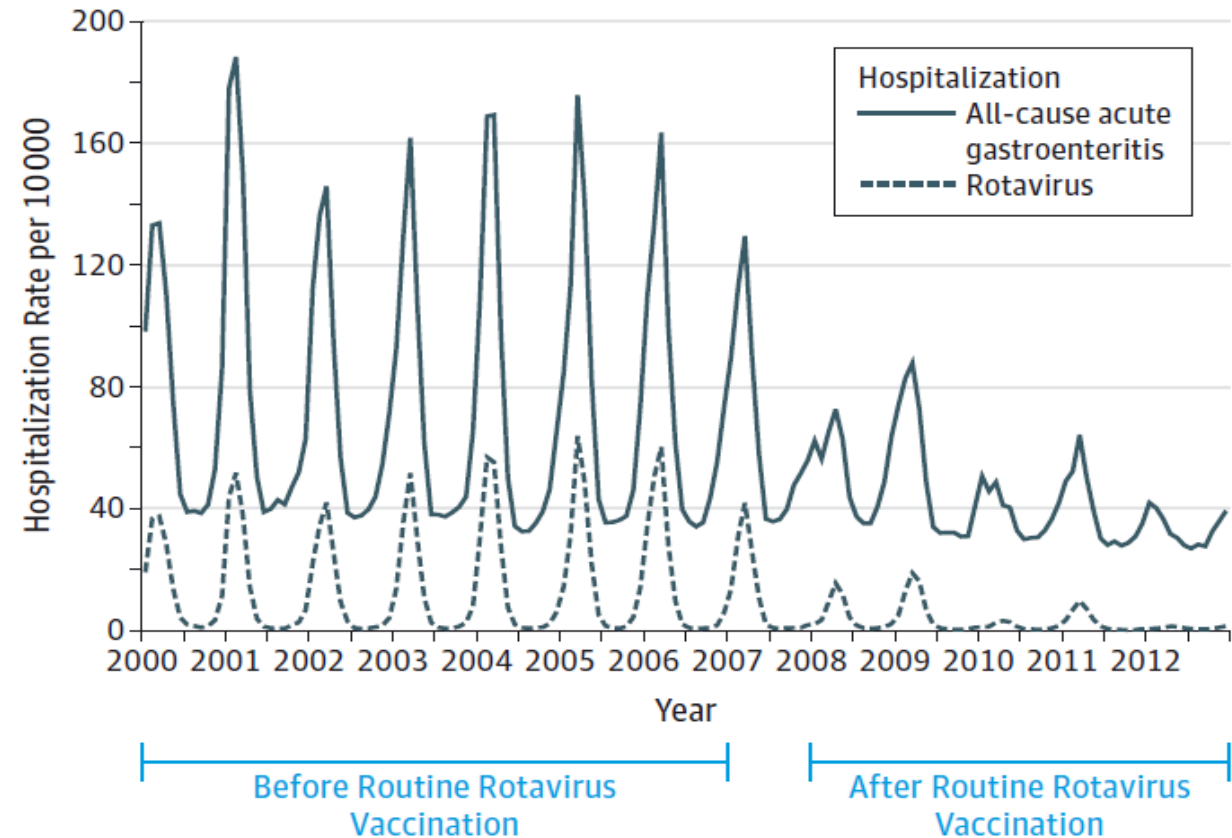
Efficacy End Point	BNT162b2		Placebo		Vaccine Efficacy, % (95% Credible Interval)‡	Posterior Probability (Vaccine Efficacy >30%)§
	No. of Cases	Surveillance Time (n)†	No. of Cases	Surveillance Time (n)†		
		(N=18,198)		(N=18,325)		
Covid-19 occurrence at least 7 days after the second dose in participants without evidence of infection	8	2.214 (17,411)	162	2.222 (17,511)	95.0 (90.3–97.6)	>0.9999
		(N=19,965)		(N=20,172)		
Covid-19 occurrence at least 7 days after the second dose in participants with and those without evidence of infection	9	2.332 (18,559)	169	2.345 (18,708)	94.6 (89.9–97.3)	>0.9999

How Well Will COVID Vaccines Work?

Acute Gastroenteritis Hospitalizations
Among US Children Following Implementation
of the Rotavirus Vaccine

Rotavirus Vaccine Impact in the US

Figure. Monthly Acute Gastroenteritis and Rotavirus-Coded Hospitalization Rates Among Children Younger Than 5 Years in 24 States During January 2000 Through December 2012



Explaining the world, daily
The Economist explains



The Economist explains

What is Disease X?

The WHO has created a name for a disease that may not even exist



Mar 23rd 2018
BY R.J.

Since 2015 the World Health Organisation has released an annual list of up to 10 "blueprint priority diseases" requiring immediate attention based on their

Prioritizing diseases for research and development in emergency contexts



Worldwide, the number of potential pathogens is very large, while the resources for disease research and development (R&D) is limited. To ensure efforts under WHO's R&D Blueprint are focused and productive, a list of diseases and pathogens are prioritized for R&D in public health emergency contexts.

A WHO tool distinguishes which diseases pose the greatest public health risk due to their epidemic potential and/or whether there is no or insufficient countermeasures.

At present, the priority diseases are:

- COVID-19
- Crimean-Congo haemorrhagic fever
- Ebola virus disease and Marburg virus disease
- Lassa fever
- Middle East respiratory syndrome coronavirus (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS)
- Nipah and henipaviral diseases
- Rift Valley fever
- Zika
- "Disease X"*

Conclusions

